



Prevention Newslink

FEBRUARY 2023

SOUTH DAKOTA PREVENTION RESOURCE CENTERS

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Rapid City, SD

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ASAP PARTNERSHIP LUNCHEONS

ASAP began building a new prevention collaborative in Rapid City in May 2022 to reenergize, build collaboration and network opportunities for organizations and programs. This group is not only comprised of organizations working in the world of prevention, but it also includes groups that provide opportunities for young people to engage in healthy alternatives and programs that provide support for young people. The group as a whole drives the purpose and goals of this network and the agenda for the meetings.

Community Prevention Partnership Networks purpose is to build and strengthen the capacity of our community to prevent and reduce substance use and strengthen and support the capacity for making healthy choices among our youth and young adults.

Meetings are held every other month and will include opportunity for everyone to introduce themselves and provide updates for what is happening in Rapid City where collaboration and support is needed.

Meetings are held on the 3rd Thursday in the months of January, March, May, July, September, and November. The meetings are from 11:00am – 1:00pm.

For more information please contact ASAP at asap@outlook.com or call Linda at 605-209-0729

UPCOMING TRAINING OPPORTUNITIES

TOBACCO CONTROL PROGRAM WEBINAR

The South Dakota Tobacco Control Program is hosting a new webinar! Join our very own Cessation Coordinator, Kaitlyn Ashley to learn about youth tobacco cessation.

Young people who begin using tobacco products (including e-cigarettes) are at an increased risk for nicotine addiction that can follow them into adulthood. In this webinar learn about the impact of tobacco use on this population, the ACT model for promoting youth cessation, and various cessation resources that can help youth be successful in their quit journey. This Webinar will be offered at two different times:

February 21st at 5pm CST

[Register Here](#)

February 25th at 10am CST

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SOUTH DAKOTA
DEPARTMENT OF HEALTH

SAPST Training



Substance Abuse Prevention Skills Training (SAPST) training has been scheduled for May 22-25, 2023. It will be a live, in-person training event held in the Youth and Family Services High Tech Room at 202 E Adams in Rapid City from 8am to 4:30pm each day.

This no-cost basic prevention skills training course is excellent for persons new to working in prevention/prevention science. It also serves as an excellent refresher for veterans in the field. Any person who bills South Dakota grants for prevention services is required to complete a SAPST course within one year of being hired.

If you have any questions or would like to register yourself or others within your organization, please send me an email containing the participants name and email information;

[**welger@youthandfamilyservices.org**](mailto:welger@youthandfamilyservices.org)

SADD YOUTH LEADERSHIP CONFERENCE



The Prevention Resource Centers are hosting the spring SADD Youth Leadership Conferences for middle school and high school students. Both conferences will feature special guest and national speaker, Cory Greenwood.

The western conference will be March 23rd in Rapid City and the eastern conference will be on March 24th in Watertown. For more information ...

Please contact Chloe White at cadkins@youthandfamilyservices.org for any questions or registration requests for the Western Conference

Please contact Dodi Haug at dodih@humanserviceagency.org for any questions or registration requests for the Eastern Conference

SDAAP CONFERENCE

The South Dakota Association of Addiction Professionals will be holding a conference in Pierre, May 10th-12th.

The conference will offer two separate tracks for participants to choose from: Addiction and Prevention.

More information to follow in future Newslink editions!

Contact Dawn Tassler at sdaapp@venturecomm.net with any questions

FUNDING AVAILABLE

If you or your organization have been considering behavioral health intervention the South Dakota Prevention Resource Centers have remaining funding available which can be used to provide evidence based programs such as:

Teen Mental Health First Aid (TMHFA)
<https://www.mentalhealthfirstaid.org/>

QPR Suicide Prevention
<https://qprinstitute.com/>



Natural Helpers

<https://www.humanserviceagency.org/NEPrevention/forms/NaturalHelpersFlyer.pdf>

Follow the links for more information about these programs or contact your regional Prevention Resource Center!

South Dakota Suicide Prevention



Resources

Statewide Website
sdsuicideprevention.org

The Helpline Center
HelplineCenter.org



**If you or someone you
know needs help with...**

- Depression • Grief
- Relationship conflicts
- Drugs • Alcohol
- Suicidal thoughts



Helpline Center To Launch New Suicide Loss Website

Each year more than 48,000 people die by suicide in the United States, leaving thousands of parents, siblings, wives, husbands, sons, daughters and friends to survive the tragic loss. The Helpline Center serves thousands of people every year in South Dakota by connecting individuals to resources and support, providing referrals, offering hope to individuals with thoughts of suicide and supporting families bereaved by suicide loss. And now we are excited to announce an expansion of our services that will allow us to better meet the needs of individuals in their grief that have lost someone to suicide.

We're pleased to announce a new website designed with the goal of providing help and hope to even more suicide loss survivors. The new site will launch on Wednesday, February 15. There are many new features to help provide support and hope to survivors. There's a new resource entitled, "Healing After a Suicide Loss", a guide to help those who have lost someone to suicide or for those who would like to support someone who has lost someone to suicide. An "In Remembrance" page has been created for people to honor the loved ones they have lost to suicide. Anyone who lives in South Dakota or whose loved one lived in South Dakota, is able to submit a picture and a message to remember those that we have lost to suicide. The website contains a "Resources" page with a wide variety of topics related to coping with suicide loss and grief. Some of the topics include: Coping with a Parent Suicide, How to Get Through Hard Days, Suicide in the Workplace, and Talking to Your Child About a Suicide Death. These are just a few of the valuable resources that are available on the website.

To date, we've helped hundreds of people through our support group and support class sessions, and we've mailed thousands of support packets and caring cards to survivors of suicide loss. The website highlights our Surviving After Suicide Class, and Monthly Support Groups, including the NEW VIRTUAL Support Group, that will be held on the 3rd Wednesday of the month at 12pm. You can get more information on our support services, resources, and sign up for the virtual support group on the Helpline Center's Grief Resources for Suicide Loss Survivors website: <https://loss.helplinecenter.org/>

Regional Contacts

Southeast Region

Miranda Stabe

605-443-9965

mstabe@bhssc.org

Northeast Region

Ashley Heyne

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Central Region

Amy Schaefer

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Western Region

Joan Lindstrom

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Registration for Spring Tobacco Control Institute 2023!

The South Dakota Tobacco Control Program's 2023 Spring Tobacco Control Institute is just around the corner!

March 29, 2023 9:00am – 4:30pm CT
(Registration opens at 8:30am)

**Arrowwood Resort & Conference Center at Cedar Shore
Oacoma, SD**

Registration is open until March 9, 2023! To register visit:
<https://www.surveymonkey.com/r/springinstitute2023>

Scholarship assistance will be available on a first come, first serve basis to cover the cost of attending this meeting. Assistance includes mileage, substitute teacher (for school districts), and hotel room if coming in the night before.

For more information, please contact Amy Schaefer at aschaefer@bhssc.org

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- February 5-11, 2023: National Burn Awareness Week
- February 19-25, 2023: Through with Chew Week
- February 24, 2023: Great American Spit Out
- March 19-25, 2023: National Poison Prevention Week
- March 31st, 2023: Take Down Tobacco Nation Day of Action
- April 3-9, 2023: National Public Health Week

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