WATERTOWN

Family Resource

DIRECTORY



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There are resources, programs and caring professionals close at hand and ready to help families in the Watertown area. The purpose of this guide is to promote healthy family life, the importance of family & the community resources available to help families thrive.

For more information about the guide or services available in the Watertown area, contact:

Watertown Healthy Youth Coalition

123 19th Street NE, Watertown

P: 884-3518 E: kellir@humanserviceagency.org

Kelli Rumpza

This directory is updated every two years, last revision was November 2015.

Alcoholism/Drug (Addictions) Information & Treatment

Human Service Agency - Addiction Services

Human Service Agency 123 19th St. NE 605-886-0123 or 1-800-444-3989

Fax: 605-884-3520

www.humanserviceagency.org

- Chemical Dependency
- **Evaluations**
- Adult Chemical Dependency/ Gambling Intensive Outpatient Treatment Program
- Adult Aftercare Support Groups
- DUI Classes
- Chemical Abuse Treatment Program
- Adolescent Aftercare Support Groups, Primary Prevention Program, Intensive Prevention Program
- UA testing is available
- CBISA Treatment

Serenity Hills Detoxification/ Halfway House

1500 Hwy 20 NW 884-0650

Contact: Deb Hamer

A low-intensity residential halfway house for men, who are dually diagnosed with both a mental health and an addictions diagnosis. Individuals receiving services participate in aftercare programming, seek employment within the community and receive ongoing therapeutic support from staff and other residents. Serenity Hills also houses a detoxification facility for individuals seeking detoxification from alcohol or substances.

Arts

Codington County Heritage Museum

27 1st Avenue SE 886-7335

www.cchsmuseum.org Contact: Christy Lickei

CCHM provides group tours, research assistance and programs both on and off site. The primary mission for the museum is to preserve, promote and interpret the history of Codington County and the surrounding area. Check out our website for upcoming events and activities.

Summer Hours: M-F 10:00a.m to 5:00; Sat 1:00 to 5:00. Winter Hours:

M-F 1:00 p.m. to 5:00 p.m and Sept.-May 2nd Sunday of each month 1:00-5:00

Karing Kapers Inc.

PO Box 535

www.karingkapers.com

Karing Kapers is a non-profit organization whose purpose is to benefit the performing arts. The main fundraiser is an annual family- friendly variety show held under professional direction each fall at the DD Miller auditorium.

Redlin Art Center

1200 33rd Street S.E 882-3877

www.redlinart.com

Contact: Julie Ranum, Executive Director E-mail: redlinac@redlinart.com

Featuring over 150 of Terry Redlin's original oil paintings, the Redlin Art Center also offers gallery games to children of all ages. These special games including Gallery Bingo and Gallery Crossword Puzzles are designed to encourage families to enjoy all of the details within Terry Redlin's paintings. Summer Hours: M - F: 9 am - 5 pm; Sat: 10 am - 5 pm; Sun: 12 - 5 pm. Winter Hours: M-F: 9 am - 5 pm. Sat: 10 am. – 4 pm; Sun: 12-4 pm. Admission is FREE!

Town Players

5 South Broadway 882-2076

www.townplayers.net Contact: Nancy Johnson

Email: townplayers@townplayers.net

Town Players is a community theater organization. All of the participants are volunteers. Town Players puts on several plays each year, as well as offering a theater camp for youth during the summer.

Watertown Concert Association

Contact: Doug Herr

881-1529

Email: collinsmusic@dailypost.com

The Watertown Concert
Association sells a membership that
includes six professional level concerts
each season to citizens of Watertown
and the surrounding communities.

Watertown Municipal Band

Contact: Doug Herr

881-1529

Email: collinsmusic@dailypost.com

The band presents free concerts at 8:15 pm each Tuesday evening at Stokes-Thomas City Park. The concerts begin in early June and end in early August. The band also plays at the Memorial Day and Veterans Day ceremonies and other events in the community.

Child Care

A current listing of **registered** child care providers in the area is available at the Dept of Social Services Office located at 2001 9th Ave SW or call 882-5000.

Cultural Center

Benedictine MultiCultural Center

2500 5th St. SE

878-2021

www.benedictinemulticulturalcenter.com E-mail: srteresawolf@gmail.com

Our mission is to welcome the stranger so that the stranger can participate in the life of the community. **Services:** English classes, Spanish conversation classes, Preparation for Citizenship test, Translation and interpretation services, Jail/prison ministry, Pastoral consultancy for parishes, Sacramental preparation, Advocacy regarding legal immigration issues and against human trafficking. Hours: M - F, 9:00 - 4:30; other times by appointment.

Churches

Adventist Churches

Seventh Day Adventist

305 9th Ave NE

882-0544

http://watertownadventist22.adventistchurchconnect.org/

Assembly of God Churches

Christian Life Assembly of God

201 S Broadway 886-3392

www.watertownchristianlifeag.org

Baptist Churches

First Baptist

111 14th Ave NE 886-4863 www.fbcwat.com

Grace Bible Church

905 7th Ave NE 520-1283

www.gracewatertown.org

Harvest Baptist Church

402 E. Kemp 868-2214

www.harvestbaptistwtn.com

Prairie Lakes Baptist

1230 19th St NE 882-0946

Catholic Churches

Holy Name Catholic

1009 Skyline Dr 886-2628

Immaculate Conception

110 3rd St SE 886-9607

http://www.parishesonline.com/script s/hostedsites/org.asp?p=1&ID=12819

Mother of God Monastery

110 28TH Ave SE 882-6600 www.watertownbenedictines.org

Christian Churches

Watertown Christian Church

201 Golf Course Rd 886-2418 www.watertownchristianchurch.com

Church of Christ

1103 4th St NE 886-4559

Church of Jesus Christ of Latter-Day Saints

1200 19th St. NE 882-2299

Christian & Missionary Churches

The Bridge

810 10th Ave SE (Jenson Ave) PO Box 334 www.thebridgewatertown.com

Episcopal

Trinity Episcopal

202 E Kemp Ave 237-5422

www.trinityepiscopalchurchwatertownsd.com

Evangelical Free

New Life Evangelical Free

1530 N Hwy 20 886-1977

www.newlifeefree.org

Four Square Gospel

Family Worship Center

1120 4th St. NE 886-2510 www.fwc@fwcsd.com

Jehovah's Witnesses

Jehovah's Witnesses Kingdom Hall

3000 9th Ave. SE 886-6216

Lutheran Churches

Apostolic Lutheran

101 McLaughlin St 886-6694

Bethlehem Ev. Lutheran (Wisc Synod)

1144 N Maple 886-3582

Grace Lutheran (ELCA)

202 2nd St SE 886-5737 www.glcwtn.org

Hosanna Lutheran Church (LCMC)

1617 14th Ave NE PO Box 875 237–8399

www.hosannalutheranwtn.com

Lutheran Church of Our Redeemer (ELCA)

2001 2nd St NW 886-2696 www.lcoorwatertown.org

Mt. Olive Lutheran (Missouri Synod)

715 2nd St. NE 886-5671 www.mtolivewatertownsd.org St. Martin's Lutheran (Wisc Synod) 1200 2nd St. NE 886-2928

Trinity Lutheran (CLC)

1800 E Kemp 886-2976 www.trinitywatertownsd.com

www.stmartinschurch.com

Methodist Churches

Cornerstone United Methodist

1350 11th St. NE 886-2242 www.cumc.wat.com

First United Methodist

4 2nd Ave SE 886-4427 www.watertownfirstumc.com

Non-Denominational Living Faith Christian Center

13 17th St. SW 886-3625

Reformed Churches Covenant Reformed Church

17 12th Ave NE 878-4567 www.watertownrcus.org

Salvation Army Salvation Army Church

621 4 St SE 886-4030 www.usc.salvationarmy.org/watertown

United Church of Christ First Congregational UCC

121 1ST Ave SE 886-6994 www.uccwatertown.com

United Pentecostal

Jesus Church of Watertown

500 14th Ave NW 882-3814 www.jesuschurchsd.com

Wesleyan Churches

Evangelical Wesleyan 45557 176th St

886-3803

Watertown Wesleyan

1616 3rd Ave NE 886-3779 www.watertownwesleyan.org

Community Support Provider

NEW HORIZONS

Human Service Agency 123 19th St. NE 886-0123 or 1-800-444-3989

Fax: 605-884-3520

www.humanserviceagency.org

Contact: Jodie Marotz

NEW HORIZON's mission is to support people to achieve self-reliance, exercise control over their lives, and realize their dreams and desires. Services offered include but are not limited to: assessments & individual support plans; medical, physical, psychological, employment, residential, social/leisure and special education services.

Counseling Services

Bridgeway Counseling Center, Inc.

600 4th St NE, Medical Arts Building 886-5262

www.bridgewaycounselingcenter.com

Provides counseling for adults and adolescents; evaluations for Dementia, ADHD, Learning Disabilities and Presurgical assessment. Individual, child, family & marriage counseling.

C.A.R.E. (Community Assistance Rehabilitation & Education) Connections

1313 9th Ave SW 882-9006 ext.301

Contact: Lynn Amdahl www.humanserviceagency.org

Provides treatment, rehabilitation, and support services for individuals with severe mental illness.

Dakota Counseling & Mediation

6 ½ W Kemp 868-547

www.dakotalight.net

Contact: Lori Redlinger, LPC

Court approved mediator; specializes in relationship, divorce support, weight loss counseling; divorce/ co-parenting mediation; individual, couples and family counseling.

Dr. Mark Bontreger, Inc.

525 5th Street SE Suite L-13 882-0800

www.markbontreger.com

A private & professional counseling service that provides help for Relationship conflict, Depression, Stress and Anxiety, Alcohol and Drug problems, Addictions and compulsions, fears, phobias, and obsessions.

Glacial Lakes Professional Counseling Services

525 5th Street SE, L3

886-3845

Contact: Jennifer Pahl

Jennifer@glaciallakescounseling.com Individual, adolescent, marriage family and group counseling.

Human Service Agency - Outpatient Mental Health & Youth and Family Services

123 19th St. NE

605-886-0123 or 1-800-444-3989 www.humanserviceagency.org

Contact: Kari Johnston

Behavioral Health Services:

- Psychological Testing and Evaluations
- Individual Counseling
- Marriage & Family Counseling
- Anger Control Group/Domestic Violence Program
- Psychiatric Evaluations and Medication Management

Youth & Family Services:

- Children and Youth Psychological Evaluations
- Youth & Family Counseling
- Home Based Counseling
- Children's Intensive Case Management
- Adolescent High Risk Group
- Psychiatric Evaluations and Medication Management

Lutheran Social Services

1424 9th Avenue SE 882-2740 or 800-568-7116 Website: www.lsssd.org Contact: Mary Johnson

Mental Health Services: Individual, Couple, Family & Group counseling, Victims of Crime/Abuse counseling, Domestic Abuse/Anger Management, Residential Placement Referrals, Alcohol/Drug Assessments, Employee Assistance Programs, School Counseling/ Consultation Services, Business Consultation/Training, Family Life Education, Premarital Assessments & Counseling/Education, Adoption Services.

LSS Consumer Credit Services:

Contact: MaryBeth Grape Consultation on Personal Finances, Establish Personal Spending & Debt Management Plan, Student Loan counseling, credit report consultation, Bankruptcy Counseling, Foreclosure prevention and Mortgage Delinquency counseling, Reverse Mortgage counseling, Financial education, Debt & Credit Education, Home Buyer/Owner Education. CFR is dedicated to educating consumers on financial fitness, housing issues and the wise use of credit. Call 888-258-2227 or (605)882-2228 for further information.

Solution Psychological Services

100 S. Maple, Suite 204

605-237-2514

Contact: Dr. Lyn Yexley, PhD
Home-base, school base and
individual counseling. Provide
psychological, disability, and custody
evaluations. Offer parent education
and workshops on various topics.

Beacon Center

801 Jenson Ave SE PO Box 781 Business line 886-4304 Crisis line 886-4300 or 1-800-660-8014

Contact: Dawn Sikkink

E-mail: dawn@beaconcentersd.com Professional counseling- Adult, individual and support groups. Child-Play Therapy. Information, referrals, protection order assistance, court advocacy, medical advocacy, victim compensation application. Supervised visits; Safe exchanges.

Domestic Violence

Crime Victim's Assistance

14 1st Ave SE (Court House) 882-6276

www.codington.org/victim-assistance

Contact: Jan Steele

E-mail: jsteele@codington.org Informs victims of their rights, including victims' compensation and restitution and information on criminal court proceedings at every stage of the criminal court process.

Beacon Center

801 Jenson Ave SE PO Box 781 Business line 886-4304 Crisis line 886-4300 or 1-800-660-8014 Contact: Dawn Sikkink

E-mail: dawn@beaconcentersd.com Serve Clark, Codington, Deuel, Grant & Hamlin. Programs & Services provided:

- 24-hour Crisis line and emergency shelter for victims of domestic violence and sexual assault
- Professional counseling for men, women, children & families
- Information & referral
- Rape Crisis services
- Educational presentations
- Support groups and life skills classes
- Children's groups during school year
- Parenting classes
- Legal & court advocacy
- Visitation Center

Early Education, Child Development

Birth to Three

PO Box 1536 753-5450

http://doe.sd.gov/oess/birthto3.aspx

Contact: Kelly Bradberry

Birth to Three Program offers free developmental screenings for children under three years of age. This program helps families detect developmental delays that affect their children and find resources to assist them in providing therapy services for their child. Referrals can be made by parents, physicians or any concerned person. The Counties served are Roberts, Day, Marshall, Grant, Codington, Clark, Hamlin & Deuel.

Head Start Pre-Birth to Five

7-8th Ave SE 886-7674

Website: www.interlakescap.com

Contact: Linda Engen

Email: lengen@interlakescap.com

Federally funded, free

comprehensive programs that provide educational, nutritional, health and family services to eligible families and children. Center based pre-school and home base options.

Education - Adult

LATI Adult Education & Literacy

2001 9th Avenue SW, Suite 200 882-5080

Offers adult education, GED preparation, ESL, short term training of employees as needed for employers, administers test for NCRC Certificates.

Employment Agencies/Services

Connection Center - Goodwill 2318 9th Ave SE

886-6379

Provides a free resource to the public to access technology and support for those seeking employment.

Employment Connections

Human Service Agency 28 1st Avenue NW 882-3710

On the job training, job coaching and follow along services for the business and client s who are referred by vocational rehabilitation programs.

- Unlimited presentations of current up to date job listings.
- Application pick up, completion of applications and personal resume created.

South Dakota Department of Labor-Watertown Local Office

2001 9th Avenue SW, Suite 200

Contact: Lisa Johnson

882-5131 Fax: 882-5152

Website: www.sdjobs.org

- Employment Services
- Veterans Services
- Training Opportunities
- Workforce Investment Act (WIA) is a federally funded employment training program designed to prepare youth and unskilled adults for entry into the labor force
- Temporary Assistance for Needy **Families**
- Experience Works

For applicants age 55 and older

- Reemployment services
- Resource Center for job-related purposes.
- Testing/Assessment

Financial Assistance

American Legion State Hdqtrs.

14 1st Avenue SE Codington County Courthouse 886-3604

Men & women who served during war-time conflict will be considered for temporary financial aid. This is a program which covers the basic needs of children; families without children will not be considered. If eligible, help is received in the form of a grant which does not need to be paid back.

Codington Veterans Service Office

14 1st Ave SE, (Court House) 882-6289

E-mail: veteran@codington.com

The Veteran's Service Officer provides expert claims service to every eligible Codington County veteran and his/her dependents and survivors; to aid the veteran in understanding entitlements, which can minimize the burden of health and economic stress; to process the necessary forms for Federal as well as State Veteran benefits.

Suzanne Jacobson Foundation

Prairie Lakes Healthcare Foundation 401 9th Ave NW 882-7631

www.prairielakes.com/foundation/suzan ne-jacobson-memorial-fund.html

The SJMF can assist with funds for medical bills for an individual or family undergoes a lengthy or unexpected illness or injury. Funds could also be used to assist with travel expenses to enable family members to stay near a loved one.

Codington County Welfare Office

14 1st Avenue SE Codington County Courthouse

882-6286
Email: codwelfare@codington.org

Email: codwelfare@codington.org www.codington.org

Assist with rent, utilities, medical & offer prescription discount card for those who meet the qualifications. Interested parties need to apply through the county.

Codington County WIC Community Health Office

14 1st Avenue SE (Courthouse) 882-5181

Supplemental food program available to pregnant or nursing women, infants, and children under age 5, who meet income guidelines and have medical and nutritional needs.

FB page – South Dakota WIC Program

Inter-Lakes Community Action Partnership (ICAP)

7 – 8th Ave SE 886-7674

Contact: Cindy Raml

E-mail: craml@interlakescap.com www.interlakescap.com

A community based non-profit organization which serves primarily low-income families and senior citizens in a 14-county area of East Central South Dakota. We administer a variety of programs supported through grants, donations, and other community resources to assist participants and their communities to achieve full potential.

Affordable Care Act assistance Contact: Annette Spooner

886-7674

Email: aspooner@interlakescap.com

SD Department of Social Services – Economic Assistance

2001 9th Ave SW Suite 300 882-5000

Fax: 882-5045

Provides medical, nutritional, financial, and case management services to promote the well-being of lower income families, children, people with disabilities, and the elderly.

Social Security Administration

514 10th Ave SE, Watertown 1-888-737-1763 or 800-772-1213 M, T, Th &F 9am-4pm, Wed 9am-noon www.socialsecurity.gov

Provides continuing income to a person or family when earnings stop or are reduced due to disability, retirement or death.

The Salvation Army

621 4th St SE 886-4030

Contact: Michelle Fontaine or

Kenyon Sivels

Assist with rent, utilities, prescriptions, gas, meals and motel rooms. Hours: Mon. – Fri. 1:30 to 4:00p.m. by appointment.

Food Pantries/Meals

Free meals are served every week at these times and locations:

Monday – 11:30 am at Salvation Army; supper (The Banquet) 5:30-6:30 pm Grace Lutheran Church - 202 2nd St SE Tuesday - breakfast 7 – 8:30a.m. First United Methodist Church 4 2nd Ave SE

Wednesday – 11:30am at Salvation Army

Thursday – supper 6:00-7:00pm County Fair Banquet Hall 14 2nd St. NE **Friday** – 11:30am at Salvation Army

Cornerstone Methodist Church – Lunch Bunch

1350 11th St NE

Low cost lunches on Wednesdays during both lunches for high school students. Lunch Bunch does not meet on early out days. For more information contact 886-2242.

Food Pantries/Food Assistance Programs:

Cornerstone Church Food Pantry 1350 11th St NE 886-2242

Hours are Mondays 10:00a.m. – 12:30p.m.

Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps)

Financial assistance to help cover the cost of food. Apply at the Department of Social Services 882-5000. Must meet income qualifications.

TABLE Project

Provides additional food resources, over the weekends, and during the summer. Any child in grades Pre-K through Grade 12, enrolled in any Watertown or Codington County school may participate in the TABLE Project. There are no other eligibility requirements. Annual registration will occur in April. Through the Registration and Consent Form, participants will select a site to pick up their sack each week. At this time we are unable to provide for special dietary needs, so all sacks will have the same foods.

For more information, email watertowntableproject@gmail.com or contact the First United Methodist Church at 605-886-4427.

Watertown School District Free & Reduced school meals

(breakfast & lunch) - Pick up an application at your child's school. Based on income.

The Salvation Army

621 4th St SE 886-4030

www.usc.salvationarmy.org/watertown Contact: Michelle Fontaine or Kenyon Sivels

Food Pantry is accessed every 31 days, and is open Monday, Tuesday, Wednesday, and Friday from 9am-11:30am. Thursday food give away 12pm-1pm and enter through the grey door. First come first serve. No income requirements.

Watertown Area PACH Program

(People Against Child Hunger)
Contact: Pastor Sara

E-mail: watertownpach@gmail.com

886-4427

www.watertownunitedway.org

Any child in grades K-12 enrolled in the Watertown Public School District or any Codington County School is eligible. Pre-registration is required and the number of participants is limited. To register, applicants must complete a form available on web-site or e-mail or call to receive a form.

Health/Fitness

Anytime Fitness

501 1st Ave NE 878-2112

www.anytimefitness.com

24 hour access gym with free weights, circuit, classes, personal trainers, cardio equipment, and strength equipment.

Barefoot FTS

Contact Abby at abby@barefootFTS.com or 881-1127 for class times and more information.

Brown Clinic STRIVE 2 Survive

Kelsey Raml, MS, RD, LN 605-884-4226 strive2survive@brownclinic.org www.s2sbrownclinic.com

A 12 week wellness program held several times throughout the year. The program has two main components: diet and exercise with the goal of continuing these types of habits for a lifetime. Program meets every other Tuesday at the County Fair Banquet Hall from 5:30-6:30pm. Lab work (full lipid and glucose) and body composition testing are also included at the beginning and end of the 12 week program.

Dakota Gold Gymnastics & Cheer

1215 14th St SE 886-7530

Contact: Melissa VanGilder vangilderm@dakotagoldgymnastics.com www.dggymnastics.com

Living Art Dance Studio

19 S Broadway 605-380-1908 livingartdance@abe.midco.net www.livingartdance.net

Registrations by contacting the phone number and email listed above. Our mission is to provide a positive dance experience by utilizing a structured syllabus that helps students grow in self confidence and self discipline.

Living Yoga

1 S Broadway 878-3700

www.livingyogawatertown.com

Yoga has numerous benefits for many major health concerns in our society today. Classes and private sessions available.

Snap Fitness

12 19th St NE 878-7627

www.snapfitness.com/watertownsd 24 hour access gym with free weights, strength training machines, cardio equipment, personal trainers, red light therapy and hydro massage.

The Gym

207 E Kemp Ave. 753-5600

www.thegyminc.com

24 hour access gym with free weights, cardio theater, personal trainers, advanced equipment and fitness classes.

Ultimate Kicks - Tae Kwon Do

206 9th Ave. SE

886-0816 or (320) 266-3166

Contact: Master Jon Anderson Email: uktkd@leestkd.com

www.ultimatekicks.com

Tae Kwon Do is for all ages. We focus on improving manners, self-discipline and confidence while promoting physical fitness, flexibility and self-defense.

Discipline, Manners, Attitude: Live the Code

Watertown Community Recreation Center

200 9th Street NE 882-6250

www.watertownrec.com
Email: ismall@watertownsd.us

For families and individuals. The Rec Center provides a swimming pool, gymnasium, racquetball. walking track, group fitness classes, yoga, cardio and weight machines, massage therapy, and personal training.

Yoga/Pilates Studio - A New Day

17 E. Kemp 882-5100

www.watertownrec.com

We offer many classes throughout the week for those just beginning yoga to those who have invited yoga into their lives on a regular basis.

Home Health Equipment/Supplies

Avera Home Medical Equipment 1508 4th St NE

882-3511

Midwest Medical Service, Inc.

615 6th Street SE 882-4210 or 800-657-8098 www.midwestmedsd.com Offers medical equipment and supplies for the entire family from newborn to elderly.

Housing

Habitat for Humanity Greater Watertown Region Inc.

100 S Maple St, Suite 208 PO Box 604 884-0366

Contact: Theresa Schake

E-mail: habitat@iw.net www.habitatwatertownsd.org HFHGWR has two programs available for eligible partners families. The Home Ownership program works with families to build/own a simple, decent house. The Home Repair program works with homeowners to repair their homes. Both programs provide a hand up, not a hand out, through nointerest loans for the value of the home or repair. HFHGWR welcomes volunteers and donations to reduce the cost of building and repairs.

Watertown Housing Authority

24 West Kemp 886-7731

www.watertownhousingauthority.org WHA provides rental assistance to income eligible people such as elderly/ disabled, abuse victims with family, working families, non-working families and students with families. WHA also administers a 60 unit (income based) HiRise for the elderly and disabled and 25 houses throughout Watertown for income eligible families.

Law Enforcement and/or **Emergency Responders**

Child Abuse/Domestic Violence Hotline

886-4300 or 1-800-660-8014

Codington County State's Attorney

14 1st Avenue SE 605 882-6276

Contact: Dawn Elshere

E-mail: dawn.elshere@codington.org State's Attorney's office prosecutes child abuse and neglect and juvenile

delinquency cases.

Codington County Detention Center

119 South Maple 882-6284

Codington County Emergency Management

P.O. Box 12 882-6272

Director: Jim Sutton

Email:codcoem@codington.org

www.codington.org

First Responder Agency for

Codington County

Codington County Search & Rescue

P.O. Box 12 882-6272

Contact: Larry Howard, Commander Email: codcoem@codington.org Codington County Search & Rescue is a trained team of **Codington County Emergency** Management volunteers, who perform search and rescue of persons, assist in the recovery of bodies, assist law enforcement with evidence recovery and promote safety.

Codington County Sheriff

Contact: Sheriff Toby Wishard 14 1st Ave SE 882-6280 www.codingtonsheriff.com

Crisis Hotline

1-800-444-3989

Division of Criminal Investigation (DCI)

128 N. Maple 882-5238

General crimes and narcotics.

Fax: 882-5238

Emergency

9-1-1

(Emergency only)

Fire Department

Station 1 129 NW 1st Avenue 882-5030 Station 2 500 Golf Course Rd. 882-5027

www.watertownfirerescue.com

SD Highway Patrol

882-5057

Watertown Police Department

128 N. Maple 882-6210

www.watertownpd.com Contact: Ryan Remmers

E-mail: rremmers@watertownpd.com
Some programs through the police
department include: Electronic
Neighborhood Watch program,
Camp Chance, Explorer Program,
Block Parties, Torch Run, Changing
Directions, Bike Safety Programs,
Stuffed Animal Friends, Safety
Patrol, Ridealong Program,
Internship program, and Adopt-A-School Program.

Libraries

Watertown Regional Library

160 6th St NE 882-6220

Website: http://watlib.org Contact: Mike Mullin

E-mail: adminwat@watertownsd.us

NE Prevention Resource Center, Human Service Agency

123 19th St. NE, PO Box 1030 (605) 884-3516

www.humanserviceagency.org

Contact: Dodi Haug

E-mail: dodih@humanserviceagency.org Provides audiovisual and printed resources and education on topics surrounding the issues of alcohol, tobacco, other drugs and violence to communities and schools within a 21 county region in NE South Dakota.

Physicians and Health Care Clinics

Brown Clinic, P.L.L.P.

506 1st Avenue SE 886-8482

Website: www.brownclinic.org Contact: Jim Vachal, R.Ph., Chief

Administrative Officer

Email: james.vachal@brownclinic.org Brown Clinic has two Watertown locations- 506 1st Avenue SE (Main Location) and 511 14th Avenue NE. (Northridge Location)

Brown Clinic provides diabetic education, family medicine, general surgery, internal medicine, obstetrics and gynecology, nutritional services, pediatrics, pharmaceutical care, podiatry, radiology, laboratory, and Wise Program/All Women Count.

At the Northridge Location:

Kids Kare Clinic Hours are M-F 7:30

am - 9:00 am

Convenience Care Clinic Hours are M-F – 5:00 pm – 7:30 pm and Saturday Mornings from 8:00 am –

11:00 am

Both of these are WALK-IN Clinic's no appointment necessary.

Sanford Health Watertown Clinic

901 4th Street NW 605-886-8471

www.sanfordwatertown.org

Sanford Health Watertown Clinic provides: Family Medicine, Internal

Medicine, OB/GYN, Pediatrics, General Surgery, Endoscopy Services, Occupational and Physical Therapy, Occupational Medicine, Digital Mammography, Radiology, Lab, Outreach services available at Sanford Health Watertown Clinic include Cardiology (Adult and Peds), Nephrology, Neurology, Pulmonology, ENT, Genetics, Diabetic and Nutritional Education

Physicians and Health Care — Hospital

Prairie Lakes Healthcare System

401 9th Avenue NW 882-7000

Website: www.prairielakes.com Contact: Jennifer DeVine

Email:

Jennifer.DeVine@prairielakes.com

Prairie Lakes Healthcare System is an independent, not-for-profit, healthcare system committed to providing high quality, affordable and compassionate healthcare services. Prairie Lakes provides services to a population of approximately 90,000 residents in northeastern South Dakota and western Minnesota, Prairie Lakes has built a solid foundation of specialty care services including interventional cardiology, cancer care, nephrology, pulmonology, urology, surgery, ear, nose & throat, emergency services and other medical specialties.

Cancer Center

401 9th Avenue NW 882-6800

This allows patients to receive advanced oncology and hematology treatments while spending valuable time with and receiving support from family and friends. The dedicated physicians and clinical staff work as a

team offering patients many levels of expertise in areas such as radiation, chemotherapy, nutrition, education, and emotional well being.

Cardiology Services

401 9th Avenue NW 882-7953

Provides both inpatient and outpatient heart care to patients 24 hours a day, 7 days a week, using state-of-the-art technology. With an onsite cath lab and a team of highly-trained clinical staff and physicians, Prairie Lakes is equipped to handle heart care emergencies. This fulfills a critical need in the region by offering immediate cardiac access and improving patient outcomes.

Caring Club House

220 9th Avenue NW 868-1868 or 882-6888

Offers a home away from home for patients, outpatients, or family members with a loved one in the hospital.

Ear, Nose, Throat and Facial Plastic Surgery Clinic

1201 Mickelson Dr. 882-7740

Provides care for adult and pediatric conditions, like ear infections, vertigo (balance issues), and hearing loss; nose conditions like sinus disease, nasal obstruction and nasal fractures; and throat conditions like voice disorders, snoring and thyroid disease. Facial plastic surgery is also available.

Home Connections

401 9th Ave NW 882-7841

Provides in-home services for patients who need housekeeping, errand/shopping services, personal care assistance, exercise assistance, medication management and any

other non-skilled task. Services are available from a visit to multi-hour schedule, seven days a week. A nurse case manager provides overall supervision and management.

Home Health

401 9th Ave NW 882-7745

Offers skilled level of care covered by Medicare and private insurances. RN's, physical, occupational, and speech therapy, medical social services and aides provide care in the home setting on an intermittent (not shift) visit basis. Services may be requested by phone, in writing or in person by the MD, family or patient.

Hospice

401 9th Ave NW 882-7745

A Medicare certified program that offers symptom control and hands-on care of the terminally ill person in the home, respite, and hospital/acute setting. RNs, aides, social workers, pastoral care personnel, and volunteers help the family by providing social, physical and spiritual help in the home, nursing home, assisted living, or hospital setting. The program strives to help the patient move through the end-of-life process in comfort. The program also strives to support the caregiver/family during the end-of-life process and through bereavement programs.

Nephrology Clinic

401 9th Avenue NW, 882-5455

This program provides diagnosis and management of kidney diseases and disorders including hypertension, electrolyte disturbances, managing patients with kidney transplant, and critical care. Prairie Lakes also owns

and operates three dialysis units one located in Watertown.

Pulmonology Clinic

600 4th St. NE 882-7650

This program provides diagnosis and management of diseases involving the respiratory tract, such as pneumonia, asthma, tuberculosis and emphysema. The Pulmonology Clinic is located in the Medical Arts Building.

Rehabilitation Services

882-7700

401 9th Avenue NW

This department offers physical, occupational, speech, and home therapy services as well as cardiac rehabilitation. The rehab team works with patients of all ages and abilities to achieve the highest level of function, enabling them to live more independent and productive lives.

Retail Pharmacy

882-7790

401 9th Avenue NW

Urology Clinic

882-6810

401 9th Avenue NW

Offers comprehensive urological care. Patients with urological disorders including interstitial cystitis, urinary incontinence, prostatitis, and prostate cancer are diagnosed and treated. In office prostate biopsies, cystoscopies, and vasectomies are performed in the Urology Clinic.

Public Health Services

Family & Community Health Services – Codington County 14 1st Avenue SE, (Courthouse)

882-5177

Services include education and referral; immunizations; communicable disease testing,

counseling and education; developmental screenings; prenatal and post-partum home visits; case management of pregnant women; WIC; family planning, nutrition counseling and education; screenings for vision, hearing, blood pressure, hemoglobin; and many more.

SD Department of Health, Disease Intervention

2001 9th Ave SW #500 882-5096 or 1-866-817-4090 www.doh.sd.gov

Offers STD testing, HIV testing, communicable disease intervention and education, answer immunization questions, provide referrals and do reportable disease investigations and referrals.

SD Department of Health-Tobacco Control Program NE Region Tobacco Prevention Coordinator

Human Service Agency 123 19th St NE, PO Box 1030 Contact: Roshal Rossman

Phone: 884-3538 Fax: 884-3522

Email:roshalf@humanserviceagency.org www.humanserviceagency.org

Provides tobacco prevention services to counties in northeastern SD. The TPC provides technical assistance to communities, K-12 school districts, post-secondary institutions, worksites, and healthcare facilities to support tobacco prevention, cessation, and tobacco-free policy efforts and to promote the South Dakota Quitline.

South Dakota Department of Health Tobacco Quit Line

615 4th Street East Pierre SD 57501 1-866-SD QUITS or 1-866-737-8487 www.SDQuitLine.com

The South Dakota QuitLine is a phone-based service you can call toll-free for information to help with quitting tobacco.

Watertown Family Medical

703 S. Broadway 882-1852

The SD Family Planning Program assists men and women to determine the number and spacing of their children and maintain or improve general and reproductive health. The SD Family Planning Program staff provides education, counseling, nursing, medical, and birth control services. Rapid HV testing available.

Watertown Veterans Affairs Community-based Outpatient Clinic

917 29th St SE 884-2420

Provides primary, preventive and mental health care services to veterans.

Recreation Programs & Sports Organizations

Arrowhead Archery Club

PO Box 905 886-9537

Contact: Skip Meisenheimer

Bramble Park Zoo

PO Box 910, 800 10th Street NW 605-882-6269

www.brambleparkzoo.com Contact: Dan Miller E-mail: dmiller@brambleparkzoo.com

At Bramble Park Zoo you can experience more than 800 mammals, reptiles and birds from around the world, including those native to the Great Plains, in naturalistic enclosures. The Zoo also offers educational programs such as tours, Animal Encounters, Zoo School, summer camps, themed classes, workshops, special events, and programs.

Joy Ranch

16633 448th Ave Florence, SD 886-4622

E-mail: JoyRanch@LOSD.org www.JoyRanchSD.org

Joy Ranch is your all inclusive, all accessible destination for families, businesses and youth. It has been specially designed to be fully barrier free. Joy Ranch is an 1880's prairie town, complete with "old west" facades that will contrast with the very modern, high comfort nature.

Junior Olympics Fastpitch Softball

Contact: Gary Young 886-3347

Junior Olympics Slowpitch Softball

Contact: Dave Ebbers

886-8786

Watertown Area Swim Club

PO Box 601

868-2266 or 886-0999

Website: www.teamunify.com/sdwasc

Contact: Donna Bierschbach

E-mail: watertownswim@midco.net A competitive swimming program.

Swim practice is held daily and strives to strengthen the swimmer at their

level.

Watertown Baseball Association

PO Box 1461

Contact: Brad Gauer

868-9129

www.watertownbaseball.com

Watertown Bicycle Club

PO Box 636

www.watertownbicycleclub.com

WBC is a fun, family oriented club with rides & events for a range of skill levels. To learn about the benefits of membership and obtain a membership application, check out our website.

Watertown Hockey Association

PO Box 483

www.watertownlakers.org Contact: Jack Rasmussen

886-4371

To promote the sport of hockey and to provide positive experience and necessary skills for all participants, both boys and girls, from ages preschool to high school to compete and play hockey.

Watertown Wrestling Booster Club

P.O. Box 393

Contact: Susie Stroup

E-mail: arrowwrestling1@hotmail.com

520-1058

Youth wrestling program has been set up to help promote, support, and build on our great wrestling tradition.

Watertown Youth Soccer Association (WYSA)

PO Box 556

Contact: Kelly Roby

818-9972

E-mail: director@watertownsoccer.com www.watertownsoccer.com

A professionally run soccer program that is fun for all ages by providing opportunities for developing and enhancing individual talents, teamwork and sportsmanship.

Watertown Parks, Recreation & Forestry Department

1900 W.Kemp (FieldHouse)

882-6260

Director: Jay DeLange

Recreation Superintendent: Terry Kelly Parks and Forestry Superintendent:

Ryan Hoffman

www.watertownparkandrec.com

The Park & Rec's website has information on all recreation programs and is your source for online registrations.

Information Line: 882-5219

Gives all updated weatherrelated announcements along with other current events.

Derby Downs

Located at the junction of 32nd St W and Golf Course Road.
Clubhouse and rodeo grounds.

Disc Golf Course

2 locations: Off 10th Ave N next to the Kiddie Pond and Jackson Park

Family Aquatic Center

Hwy 212 and 3rd St SW 882-6267

Cattail Crossings Golf Course

351 South Lake Drive 882-6262

George E. Maas Ice Arena

112 21st Street SW 882-6266

Skate Park

Located at Watertown Middle School 601 11th St NE

Skateboarding, in-line skating, BMX

Stokes-Thomas Lake City Park and Campground

90 South Lake Drive 882-6264

SD Game, Fish & Parks

400 W Kemp Ave 882-5200

Turn in Poachers Hotline 1-888-

OVERBAG (683-7224)

Schools - Preschool

Grace Lutheran Preschool

202 2nd St. SE 886-5737

Contact: Kara Julius

Email:

karagracelc@midconetwork.com

Immaculate Conception Preschool

109 3rd St SE 886-3883

Contact: Carol Dagel

www.icschoolwatertown.org

Jack and Jill Preschool

23 S. Broadway 882-2705

Contact: Miss Kim

Little Blessings Preschool

1120 4th St NE 886-4113

Contact: Kjersten Fisk, Director Email: littleblessings@fwcsd.com

Lutheran Church of Our Redeemer Christian Preschool

2001 2nd Street NW

886-2696

Contact: Karen Kasperson

E-mail: preschool@lcoorwatertown.org

Puddle Jumpers Preschool

7 W Kemp

E-mail: Pjp.wtn.sd@gmail.com www.pjpwtnsd.wix.com/earlyedu 237-6209

Watertown School District 4-yr. old Preschool

Located at McKinley School 5 12th St SW 882-6350

Watertown School District 5 yr. old Jr. Kindergarten

Located at Garfield Special Services 216 10th St SE 882-6399

Contact: Jennifer Heggelund,
Director of Special Services
E: Jennifer.heggelund@k12.sd.us

St. Martin's Lutheran Preschool

1200 2nd St. NE 886-4976

Contact: Mark Renner

E: Mark.Renner@stmartinschurch.com

<u>Schools – Public</u> Elementary

Jefferson Elementary

1701 N. Maple St.

882-6390

Contact: Laura Morrow

E-mail: laura.morrow@k12.sd.us

Lincoln Elementary

1100 13th Street NE

882-6340

Contact: Dr. Susan Patrick E-mail: susan.patrick@k12.sd.us

Mellette Elementary

619 2nd Street NW

882-6385

Contact: John Decker

Email: john.decker@k12sd.us

McKinley Elementary

5 12th St SW 882-6350

Contact: Jennifer Bollinger

E-mail: Jennifer.bollinger@k12.sd.us

Roosevelt Elementary

412 2nd ST SE 882-6360

Contact person: Gregg DeSpiegler E-mail: gregg.despiegler@k12.sd.us

Elementary Counselors

Danielle Flisrand – McKinley & Mellette

Pam Luecke – Jefferson & Lincoln Teresa Rowland – Roosevelt & Jefferson

Classroom lessons from Second Step curriculum teaching skills for academic and social success.

Elementary Social Worker

Bobbi Steidl – office at McKinley & Roosevelt elementary schools.

Drug Abuse Resistance Education (D.A.R.E.) Program

5th grade classroom lessons taught by the Watertown Police Dept. Drug Info for Responsible Decision Making, Risk & Consequences, Peer Pressure, Dealing With Stressful Situations, Basics of Communication, Nonverbal Communication & Listening, Bullying, Helping Others & Getting Help from Others are topics that are covered.

<u>Schools – Private</u> Elementary

Immaculate Conception School

109 3rd Street SE

886-3883

Contact: Carol Dagel

www.icschoolwatertown.org Elementary School grades

preschool- 6th grade with religious focus. Licensed after-school program. All day every day kindergarten. Spanish taught in K-6 with the

curriculum.

St. Martin's Lutheran School

1200 2nd Street NE (605) 886-4976

www.stmartinschurch.com

Contact: Mark Renner

E-mail:

Mark.Renner@stmartinschurch.com Preschool – eighth grade education.

A South Dakota state accredited institution offering Christian Education to families with children from the age of 4 years through eighth grade.

Trinity Lutheran School

1800 E. Kemp Ave Suite 2 882-3224

www.trinitywatertownsd.com Contact: Sherman Carstensen

Email: 3in1lutheranschool@gmail.com

Trinity Lutheran School is a kindergarten- eighth grade Christian day school.

Watertown Christian School (PreK-8th Education)

15 12 Ave NE 882-0949

www.watertownchristianschool.com

Contact: Nancy Weber

E-mail:

wcsoffice@watertownchristianschool.com Private Christian school serving students in Pre K – 8th grade.

<u>Schools- Public Middle</u> <u>School</u>

Watertown Middle School

1700 11th St NE

882-6370

Web-site: www.watertown.k12.sd.us

Contact: Todd L. Brist, Principal Email: todd.brist@k12.sd.us Chad D. Johnson, Assistant Principal Jason Buechler, School Counselor Amanda DeVries, School Counselor JoAnn Kjetland, Family Resource Coordinator/ Project Success Program Chad Stricherz, School Resource Officer

Schools- Public High School

Watertown High School

200 9th Street NE 882-6316

Web-site: www.watertown.k12.sd.us

Contact: Mike Butts, Principal Michael.butts@k12.sd.us

Assistant Principals: Brad Brandsrud,

Troy Terronez, Mitzi Moore

Brandon Johnson, School Resource

Officer

Academic Resource Center (ARC)

200 9th Street NE 882-6316

The ARC is part of Watertown High School and offers opportunities to students to recover credits, take online courses. Students need to apply to the program and be accepted to work on course requirements.

Watertown High School Counseling Program/Student Services

200 9th Street NE

882-6323

Contact: Shelley Gauer, shelley.gauer@k12.sd.us Julie Gonsor, julie.gonsor@k12.sd.us Angel Samsom,

angel.samson@k12.sd.us

The school counselors provide services and resources for students in the areas of academic, career, and social/

personal counseling.

Project SUCCESS Program

WMS contact: Jo Kjetland

882-6370

Jo.kjetland@k12.sd.us
WHS contact: Wendy Olson

882-6318

wendy.olson@k12.sd.us

Project SUCCESS is a school-based program that works to reduce the factors that put students at risk for substance abuse, as well as enhance the factors that will protect students from those risks.

Schools

Using

Coordinated

Community

Efforts to

Strengthen

<u>S</u>tudents

Schools – Career & Technical

Northeast Technical High School

1311 Third Ave. NE

882-6380

www.northeasttechnicalhighschool@k12.sd.us

Contact: Bert Falak

E-mail: bert.falak@k12.sd.us High School Career & Technical

Education Programs: Automotive, Bio-

Medical, Building Trades,
Cabinetmaking, Culinary Arts,
Exploratory, Health Sience Careers,
Human Services, Machine Tool, Digital
Electronics, Engineering Design,
Principles of Engineering, Civil

Engineering & Architecture, Welding NTHS's nine member schools:

Castlewood, Florence, Grant-Deuel, Great Plains Lutheran, Hamlin, Henry,

Summit, Watertown and Waverly/South Shore.

<u>Schools- Private High</u> School

Great Plains Lutheran High School

1200 Luther Lane NE

886-0672

Web-site: www.gplhs.org Contact: David Maertz E-mail: dmaertz@gplhs.org

Great Plains Lutheran High School is a grade 9-12 school offering a Christ-centered education to students from our community, region, and beyond.

Watertown School District Services

Activities Department Office

200 9th St NE (High School)

882-6328

Contact: Steve Moore

Arrow Education Foundation Inc.

Located at Garfield Special Services 216 10th St SE

PO Box 730 882-6399

www.arrowfoundation.org

 $\hbox{E-mail: water town AEF@k12.sd.us}$

To provide resources to genuinely enhance educational opportunities for students.

Central Food Services

200 9th St NE (high school)

882-6325

Contact: Scott Wahl, Director E-mail: scott.wahl@k12.sd.us

Garfield Special Services

216 10th St. SE 882-6399

Contact: Jennifer Heggelund, Director

of Special Services

E-mail: jennifer.heggelund@k12.sd.us

Brenda Palsma - Coordinator of Special Services/Title I Coordinator E-mail: brenda.palsma@k12.sd.us

District wide programs include Preschool, Special Education Services, Jr. Kindergarten, Elementary Alternative Classrooms, Elementary Autism Classroom and Gifted and Talented Education for elementary students. District wide staff includes SPED counselors, School Psychologists, Occupational Therapist and OT & PT Assistants.

Superintendent's Office

200 9th St NE (high school) 882-6312

Contact: Dr. Lesli Jutting, Superintendent Darrell Stacey, Assistant Superintendent www.watertown.k12.sd.us

Transportation/School Bus Services

882-6335

Contact: Tim Steichen

Schools - College

Mount Marty College

3100 9th Ave SW 886-6777

www.mtmc.edu

Contact: Dr. Linda Schurmann Email: lschurmann@mtmc.edu

Mount Marty provides post secondary education, liberal arts degrees primarily for nontraditional adult learners who need coursework delivered once-a-week and evenings. The college is approved through the Higher Learning Commission. Mount Marty has a home campus in Yankton.

National American University

925 29th St SE 884-7200

www.national.edu Contact: Heidi Schooley

Email: hschooley@national.edu

NAU offers in-demand programs in business management, healthcare management and criminal justice-just to name a few. Our courses are offered online and onsite to fit into your schedule. NAU offers the flexibility of attending classes when they work for you. Open Saturdays to help you start your college degree. Give us a call today at (605)884-7200 to get started or check us out at www.national.edu.

Schools - Technical

Lake Area Technical Institute

1201 Arrow Ave 882-LATI

www.lakeareatech.edu Contact: LuAnn Strait

E-mail: straitl@lakeareatech.edu

Lake Area Technical Institute is a public, technical college offering a two year associate degree in 29 areas of study. Approximately 2000 students attend Lake Area Tech annually. Admission Representatives are available to discuss post-secondary educational opportunities with prospective students. Financial aid is available to those who qualify and many scholarships are awarded each year. Lake Area Tech is a top-ranked, nationally recognized college and has been recognized for their service to the community, and for being a great place of employment.

Lake Area Tech provides many services to the community which include a full -service cosmetology program, free income tax preparation for the low-income and elderly, dental cleaning, and much more. For more information call 882-5284 or go to www.lakeareatech.edu. Lake Area Tech is accredited by the Higher Learning Commission.

Service Clubs/ Organizations

Business Industry School Coalition (BISCO)

200 9th Street NE 882-6312

www.watertownbisco.com

The mission statement for BISCO is: "Fostering holistic opportunities for today's students and tomorrow's leaders." Some projects include: Technology camps, Junior Achievement, The Arrow Academic Achievement cards, Awesome Arrow Cards, Scrubs program, One:One:One Mentoring, and the Watertown Community BISCO Bar-be-que.

Concord #13 Masonic Lodge

215 N Broadway

Meets at Masonic center second Tuesday of the month at 7:30 p.m.

Fraternal Order of Police Lodge 6

128 N. Maple 882-6210

FOP Scholarship program, Watertown Fourth of July event, Shop with a Cop, sponsorship of any event program that promotes healthy youth/family activities.

Kiwanis Club

PO Box 1919

www.mndak-kiwanis.org

Meets at Minervas Mondays at noon. Programs we run ourselves or are a part of Watertown Banquet, Over 90's banquet, Special Olympics, Uptown Festival of Arts and Crafts, Fertilizer Sales, Gumball sales, Coats for Kids & Bell Ringing

Lake Area Child Protection Team

PO Box 822 886-6666

Contact: Jana Chandler

E-mail: chandlej@bgcofwatertown.com
Meets at Godfathers Pizza at the
Watertown Mall, 2nd Thursday at noon.
Dedicated to education and program
development, directed at protecting
children from abuse and neglect, by
promoting educational awareness
among professionals, agencies and the
public.

Northeast Shrine Club

PO Box 1808

Meets at Masonic center (215 N Broadway) the fourth Thursday of the month at 6:30 p.m.

Optimist Club

PO Box 1113

www.optimist-dmm.org

Bringing out the best in kids. Reach all areas of children's lives including social, sports and academics. Meets Thursdays at noon at Pizza Ranch.

Rotary Club

PO Box 147

www.wtnrotarysd.org

Professional men and women who work as volunteers to improve the quality of life in the community.

Meets at Watertown Event Center Thursdays at 12:15.

Watertown Lions Club

Meet Thursday's at 12:15 at the Elks Lodge (600 W. Kemp)

Watertown Lions Club sponsors an ice show every year in which youth in the area participate. Funds raised are used to help individuals with eyeglasses and exams along with other projects.

Support Groups

Alcoholics Anonymous*

www.area63aa.org
Call 605-880-2227 or 605-886-0123 for
meeting times and locations.
Meetings are held Mon – Fri.

Al-Anon Beginner's meeting

Meet Mondays, 6:30 – 7pm at Lutheran Church of Our Redeemer, 2001 2nd St NW. Enter in East/furthest north door.

AL-ANON*

Mon. – 7:15pm; Lutheran Church of Our Redeemer 200 2nd St W. Tues. – 10am; 1021 Gilbert Ave Wed. – 8:15pm, 1021 Gilbert Ave Thurs. – 7pm, Weslyan Church, 3rd Ave NE

Co-Dependency Group*

Mon. – 5:30pm, Johnson Appraisal 20 1st St SW Sat. – 10:30am, Johnson Appraisal

Narcotic Anonymous*

www.na.org call 605-368-6837 or 605-886-0123 for meeting times and locations. Meetings Mon – Wed; Fri and Sat.

Gamblers Anonymous*

www.gamblersanonymous.org call 605-758-2151 or 886-0123 for meeting times and locations. Mon and Fri meetings.

*For a full listing contact Human Service Agency at 886-0123

American Cancer Society

www.cancer.org Click on the "In Your Area" tab and search for resources closest to Watertown.

Common Bond

1296 4th Street NW

886-9320
Contact: Darla Vilhauer
gavil@wat.midco.net
A support group for those
parents who have lost a child
through death.

Domestic Violence Support Group 886-4304

www.beaconcentersd.com
Healing the wounded spirit; healing
for trauma victims and survivors.
Meetings every Tuesday 5:30 –
7:00pm at the Beacon Center 801
Jenson Ave.

Look Good...Feel Better

882-6854

401 9th Avenue NW

A non-medical, brand-neutral support group for women with cancer. The program teaches beauty techniques to women in active treatment to help them manage the appearance-related side effects of cancer treatment. The group meets the second Monday of each month at 4:30 p.m. at the Prairie Lakes Cancer Center.

Mothers of Pre-Schoolers (MOPS) First Baptist Church

111 14th Avenue NE 886-4863

This group meets the 1st and 3rd
Thursdays from 9:00 – 11:15a.m.
This programs is for mothers of
Preschoolers (up to 1st grade) and
includes a time of fellowship, food,
craft, spiritual growth, relevant
information about families and

children. Childcare is provided.

Multiple Myeloma Support Group

882-6854

401 9th Avenue NW

This support group gives participants an opportunity to share their concerns with others having similar experiences and discuss the challenges that arise from a multiple myeloma diagnosis. The group meets the third Monday of most months at 4:30 p.m. at the Prairie Lakes Cancer Center.

Multiple Sclerosis Self-Help Group

www.nmss.org

Contact: Tawnya Jensen E-mail: tawnya.jensen@k12.sd.us

National Alliance on Mental Health NAMI

http://namisouthdakota.org Support and educational meetings are held on the first Monday of each month. Meetings begin at 7:00pm at IC Parish Hall 309 2nd Ave SE. For more information contact NAMI SD office at 800-551-5531. Local contacts are 882-2254 or 886-7799.

Prairie Lakes Pastoral Care

882-6743

401 9th Avenue NW

Available to assist family members and friends coping with illness or the loss of a loved one. The department offers support groups and memorial services throughout the year. To learn about upcoming events, visit www.prairielakes.com

Single & Parenting support group 868-6056

nate@thebridgewatertown.com
14-week group meets on Wednesdays
from 6-8pm. Can join anytime. Cost
\$15 covers cost for written materials.
Included also is a free meal for parent
and children and childcare during
group time.

TreeHouse

Support group for teens grades 9-12. Meet at Watertown High School at 3:45pm on Thursdays, Room 401. For more information, contact Jesse Hurkes 520-4329 or Ben Gietzen 631-9801

Community Organizations

Building Stronger Hearts

605-520-9653

Offers programs for heart patients of all ages in the general region of northeastern SD. These programs may will deal with screening, rehabilitation, welfare, and health, in order to identify and assist those so afflicted in adjusting themselves to their environment, to aid them in all their activities, and to be of assistance in solving their particular problems.

Codington County Cares Cancer Foundation

PO Box 873 878-3232

A non-profit corporation providing information, assistance, and advocacy for cancer patients, survivors, and their families and caregivers.

Glacial Lakes SAFE (Suicide Awareness for Everyone)

PO Box 1030

glaciallakessafe@gmail.com

Raising local awareness of Suicide and support preventative measures and help to provide additional local access to suicide outreach services.

Lake Area Kidney Endowment

605-520-2772

L.A.K.E. is the source of mercy for all patients and families affected by kidney disease, kidney transplantation or donation, and kidney dialysis

The Salvation Army

621 4th St SE PO Box 136 886-4030

Contact: Michelle Fontaine or Kenyon

Sivels

www.usc.salvationarmy.org/watertown Provides: Food pantry, clothing, disaster services, rental/utility assistance, prescriptions, meals, gas, motel rooms, Christmas Angel Giving Tree, Back to School clothing, and Thanksgiving Food Box.

Special Olympics Watertown Area

Mailing address: 103 14th St NE

Contact: Laurie Schmig

(605) 237-3933

Email: hodlschmig@hotmail.com
FB: Special Olympics Watertown SD

The Upside of Downs NE South Dakota Down Syndrome Assoc.

PO Box 723 upsideofdowns21@gmail.com upsideofdowns21.org 868-2730

To enhance the lives of all people with Down syndrome. We provide opportunities to enhance their quality of life by providing accessibility to information and education for individuals with Down syndrome, their families and professionals.

Watertown Area United Way

PO Box 283 818 S. Broadway, Ste. 104 886-5815 www.watertownunitedway.org Contact: Tracy A. Hlavacek

Watertown Community Foundation

211 E. Kemp Ave 882-3731 www.watertownsd.com Contact: Jan DeBerg E-mail: foundation@iw.net

The Watertown Community
Foundation invests in the vitality and
future of Watertown by supporting
community priorities, responding to
human service needs and enhancing
recreation, education, arts and
culture. The WCF board, the Youth
Council board, and the Women and
Giving program award grants
throughout the year.

Watertown Convention & Visitors Bureau, Inc.

1 E Kemp Ave 753-0282

email: cvb@visitwatertownsd.com www.visitwatertownsd.com

Provides services for visitors to Watertown for conventions, sporting and other events, reunions, that include complimentary personalized planning assistance, tours and program assistance.

Watertown DASH

882-5238

Contact: Michelle Jensen www.watertownpd.com/DASH

D.A.S.H. stands for Drug free, Alcohol free, Safe and Healthy. Dash is an initiative developed by the police department, local businesses, and community members. The mission is:"To challenge community partnerships to lead by example and to empower Watertown youth to choose to live healthy and positive lifestyles." Events and activities hosted or sponsored by DASH: Safety Patrol, DARE, Fun Run, Teen Police Academy, DASH to Kampeka 5K/10K, The Color Dash \$500 Scholarship, &Turkey Day 5K www.watertownsd.us/index?nid=608

Watertown Tobacco Free Coalition

P.O. Box 1030 884-3518

Contact: Kelli Rumpza

E-mail: kellir@humanserviceagency.og
The WTFC is a community/school
partnership coalition funded by the
South Dakota Department of Health —
Tobacco Control Program. The
coalition provides tobacco prevention
education to the Watertown
community. Meets the 1st Wed. at
noon at Human Service Agency.

Watertown Healthy Youth Coalition

PO Box 1030 884-3518

Contact: Kelli Rumpza

E-mail: kellir@humanserviceagency.org www.humanserviceagency.org/WHY
Our purpose is to raise the awareness of our community members through educating and providing resources; and by working with existing community businesses & organizations. We advocate for & help implement programs, policies and practices that will make Watertown healthier and drug-free for our youth and families.

Watertown Initiative to Prevent Sex Trafficking (WIPST)

605-878-2021

E-mail: Jenna.wipst@gmail.com
To build healthy communities by
preventing sex trafficking in the
greater Watertown area. Interested
groups and individuals are encouraged
to contact us for more information or
to schedule a presentation.

Watertown Volunteer Center

111 E. Kemp Avenue 886-5270

Contact: Char Torgerson E-mail: chatorwvc@iw.net

Promotes volunteerism, training and assisting non-profit organizations, recruiting and referring volunteers to opportunities, recognizing volunteers, and numerous individual programs designed to mobilize volunteers to solve community problems.

Thrift Stores

Angels Attic

1300 9th Ave SE (Watertown Mall) 878-2300

Community Corner

101 9th Ave SW 878-1181

Goodwill of the Great Plains

2318 9th Ave SE 886-6379

GSI Thrift Store

102 W. Kemp Ave 882-9955

Hero's Thrifts and Gifts

909 10th Ave SE 878-3040

Salvation Army Family Store

621 4th St. SE 882-4989

WCS Thrift Avenue

115 W Kemp 878-0983

Worth Repeating

103 E. Kemp Ave 882-4734

Transportation

Driver's Licensing/Exam

2001 9th Ave SW Suite 100 1-800-952-3696

Lake City Cab

886-0080

Watertown Area Transit

882-5287

Affordable public transportation for Watertown area. Rides should be scheduled one day in advance before 3 pm.

FREE TRANSIT rides to ALL MEDICAL APPOINTMENTS for a year provided by Prairie Lakes Hospital (April 2015 – April 2016). Clients/Riders need to have their ride "booked" by 3:00pm the previous day and the ride to and from medical appointment will be free of charge. "Medical" is anything related to going to a clinic, dentist, therapy rehab or counseling. If the rider wants a ride from their appointment to any other location besides home -- must pay for that.

Watertown Municipal Airport

2416 Boeing Ave 882-6209

Youth/Family Programs

Boy Scouts of America Northstar District

www.siouxbsa.org/Northstar

Watertown has 11 Boy Scout units in the community. For more information, contact your elementary school and/or church to locate a Watertown unit.

Boystown Common Sense Parenting Program

For classes contact: Denise at the Beacon Center 886-4304
This 6 week program offers parents of 3 – 16 year olds an opportunity to enhance their parenting skills. Classes are held at the Beacon Center.

Bright Start Project, Responsive

Parenting is a series of six weekly classes for parents of children ages birth to three years.

For upcoming classes contact:

800-354-8238

Citizen's Police Academy

Watertown Police Dept. Contact: Ryan Remmers 882-6210

Three hours of training one evening each week for 12 weeks this interactive program focuses on educating citizens about the police department's mission, function, practices, and processes. The Citizens' Police Academy brings the police and the community close together in a setting that offers a sample of police training to each participant.

Codington County Teen Court

1000 3rd Ave NE, PO Box 833 886-6666

www.southdakotateencourt.org E-mail: teencourt@bgcofwatertown.com

This program is designed to impose consequences upon youth who violate the law, while at the same time allowing them to avoid the stigma, pressure and anxiety of formal prosecution. This program relies on adults and student volunteers in order to operate.

Girls Scouts - Dakota Horizons

1101 S. Marion Rd (District Office) Sioux Falls, SD 57106 www.gsdakotahorizons.org

Girl Scouts is a volunteer run organization. Girls participate in troop meetings and citywide events. Contact your school to help locate a Watertown troop.

Strengthening Families Program

(families with 10 – 14 year olds) For classes contact: Jodi Loehrer 882-6300

 $\hbox{E-mail: Jodi.loehrer@sdstate.edu}\\$

This 7 week program helps parents learn nurturing skills that support their children; effectively discipline and guide their youth. Teaches youth skills for dealing with stress & peer pressure and to respect their parents. Fall and Spring sessions. Meal is provided.

Teen Police Academy

Watertown Police Dept. Contact: Ryan Remmers 882-6210

This is an interactive program that focuses on educating young people about the police department's mission, function, and processes. It brings officers and youth close together in a setting that offers a sample of police training to each participant. Provides hands-on activities, along with classroom instruction. Includes a behind-thescenes tour of the department. There is no cost to attend. It is held in the afternoon for a week during the first week of June. Applications are available at the Police Department.

Watertown Police Dept Explorer Program

128 N. Maple St 882-6210

Contact: Captain Tracy Schaefer
Dedicated group of young adults
(14-20)who have an interest in
pursuing a law enforcement career.
These young adults become involved
in many department activities and
assist our officers in many different
aspects of their job, including but
not limited to, fingerprinting, ride-alongs, and traffic control.

Youth/Family Services

Big Brothers/Big Sisters of the Glacial Lakes Region, Mentoring Moms, and The CRIB

1028 14th St SE 878-2078

www.bbbsse.org/glaciallakes
E-mail: bbbsgl@bbbsse.org
Big Brothers/Big Sisters matches
quality mentors in a one-one
relationship with children ages 7-14
who need a positive influence in
their life. Mentors spend time in
the community with a child being a
friend and positive role model.
Mentors must be at least 16 and
make a minimum commitment of
2-4 hours a month for one year.

Mentoring Moms matches mothers who are pregnant or parenting a child under the age of 6 with an experienced mother. Mentors build friendships, offer support, and provide educational experiences to new moms. Mentor Moms must be at least 25 years old and are asked to commit to a minimum of two visits per month and a phone call each week.

The CRIB

An incentive based program whereby expectant mothers earn points from participating in healthy activities for themselves and their child(ren). Points can then be exchanged at the CRIB Store for items such as clothing, cleaning supplies, baby equipment, etc.

Boys & Girls Club of Watertown

1000 3rd Avenue PO Box 833 886-6666 www.bgcofwatertown.com Contact: Liz Christianson

Email:

christiansonl@bgcofwatertown.com

Main Site Programming —Provides
program services in the areas of
physical wellness, education, and life
skills to youth in grades 1-12.

Kidscope - is a state licensed out of
school time activities program
providing quality care to children in
grades Kindergarten through 6th.
Kidscope is located at each of the five
Watertown Elementary Schools.

Arrow Prep - is a state licensed

Arrow Prep - is a state licensed program that provides educational based learning opportunities to children ages 4-6. Arrow Prep provides: Physical Education, arts and crafts, games, songs, and lots of FUN!

Other Programs Offered

3-4gr Flag Football
5-6th gr Tackle Football
1-6th gr Hoopla Basketball Skills
Program
5-8th gr Optimist Basketball
Tournament
Halloween Party
Individual & Family Counseling
Teen Court (see page 27)

Child Protection Services SD Dept. of Social Services

2001 9th Ave SW Suite 300 (605) 882-5000

Toll Free 1-866-239-6787

Fax: 882-5045 http://dss.sd.gov

Contact: Michelle Kays, supervisor E-mail: michelle.kays@state.sd.us

Child Protection Services receives and assesses reports of child abuse/neglect. If a child is found to be unsafe in the parent's home, CPS works with the family on a plan to ensure the child's safety.

Division of Adult Services and Aging Department of Social Services

2001 9th Avenue SW, Suite 300 PO Box 670 882-5003

Fax: 882-5045

This department provides information and referral services which provides information and/or referral regarding community resources for the elderly and disabled adult. It also provides in-home service assistance is available from a homemaker for general cleaning and personal care.

South Dakota Court Services

14 1st Avenue SE PO Box 1054 Codington County Courthouse 882-5110

Works within the Unified Judicial System for the State of South Dakota. The client base is derived through formal court proceedings as well as diversion programs referred through the local State's Attorney. Court Services role is to monitor the compliance of all conditions set down by the Court in alleged juvenile delinquent and Child In Need of Supervision matters.

SD Dept. of Corrections – Juvenile Division

2001 9th Ave SW Suite 400 882-5002

Fax: 882-5369

Supervise juvenile offenders in the community and in placement.

SD Dept. of Corrections — Foster Care

2001 9th Ave. SW, Suite 400 882-5002

http://doc.sd.gov/juvenile/foster/

Contact: Kim Tvedt

E-mail: kim.tvedt@state.sd.us

SD National Guard (SDNG) Service Member & Family Support (SMFS) Division

1951 N HWY 20, Watertown SD SMFS Director: LTC Byran Jacobson – Rapid City, SD

Bryan.a.jacobson.mil@mail.mil 605-737-6728 or call 1-800-658-3930 for more information

The SMFS program is to promote healthy Military Families who are self-reliant during both deployment and non deployment through education, outreach services and partnerships with community organizations. The SMFS team also provides referrals to other programs and resources, crisis assistance and other support. We promote Family wellness through benefits and programs available for service members and their families. Many of our programs provide on-going support to veterans, military retirees, and their families. Our team is ready to support and assist your Family in any way possible to take advantage of any and all services available. We are here for you! Programs that encompass the Service Member and Family Support Division are as follows:

- Family Readiness
- Family Assistance Center
- Airman & Family Readiness Center
- Yellow Ribbon/Reintegration
- Child and Youth Program
- Employer Support of the Guard and Reserve
- Military Funeral Honors
- Survivor Outreach Services
- Military Family Life Consultant Program
- Military OneSource
- Suicide Prevention Program
- Transition Assistance Advisor

- Comprehensive Soldier Fitness
- Other Support Organizations
 - Office of the Chaplain
 - SexualHarassment/
 Assault Response &
 Prevention

Service Member and Family Support contacts in the Watertown Area:

Family Assistance Specialist: Corinne Mahlen

1951 N HWY 20

605.882.9375 or 605.415.0010

Corinne.m.mahlen.ctr@mail.mil

Family Assistance Centers provide a focal point of information through six essential services. Family Assistance Centers are critical in providing help to all military. This holds especially true for geographically dispersed families who are unable to access services at a local base, installation or fort. In other words, Family Assistance personnel are the "Easy Button" for assistance and referral for service members and their families.

Child & Youth Program Coordinator:

Candice Tvinnereim 1951 N HWY 20 605.882.9376 or 605.787.3312

Candice.I.tvinnereim.ctr@mail.mil
The goal of the SDNG Child & Youth
Program is to support the social,
emotional, and academic needs of
military children and youth
throughout the state. This is done
through developing and
implementing programs and
activities that promote leadership
and character development, build
confidence, facilitate connection
between other youth, and to help
them to better understand their role
as a military child. The Child and
Youth Program also provides

resources and information to youth, their families, and communities, and partners with other local and national organizations serving youth as well.

Military Family Life Counselors - (Part-time/Surge Program):

Amy Roth (Monday – Tuesday) 1951 N HWY 20 605.880.3882

Ngwatertownsurge@magmflc.org
Jim Cady (Wednesday – Thursday)
605.880.7866

Ngwatertownsdsurge@magmflc.org

Through the Military & Family Life Consultant (MFLC) Program, support is available from licensed clinicians at a Masters and Ph.D. level. MFLC's provide free, confidential, private counseling for families, individuals, couples, and children. No identifying information is used and MFLC's will meet with you in your community. MFLC's are mandated reports of child abuse, domestic abuse, and duty to warn situations.

Military OneSource Consultant:

Michael Nei 605.639.0409

Michael.nei@militaryonesource.com

Military OneSource is a free information and referral service available 24/7/365 via toll-free telephone and internet. It is available to Active Duty, Reserve, Guard members and their immediate family, regardless of activations status. Services include, but are not limited to; consultation, research and referrals, interpretation and translation services, counseling, educations materials and more all on and interactive website.

SDSU Extension Service Codington County

1910 W Kemp Ave, PO Box 996 882-6300 Jodi Loehrer 4-H Youth Program Advisor

Email: jodi.loehrer@sdstate.edu

4-H & Youth Development
CHARACTER COUNTS! Education; 4-H;
Nutrition, Science, Save Our Farm
Youth Day Camp (SOFY); After School
Enrichment; Kid Kare Babysitting clinic;
Strengthening Families 10-14 Program

Darbee Fryer
SDSU Family Nutrition Program
Email: Darbee.fryer@sdstate.edu
Expanded Food and Nutrition
Education Program (EFNEP)
Nutrition education for limited
resource audiences (youth and
families).

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Notes...

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Business Industry School CoalitionWatertown

SUPPORTED BY WATERTOWN HEALTHY YOUTH INITIATIVE (WHY)



www.humanserviceagency.org/WHY