

Comprehensive Health - Drugs Grades 6-8

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Unit One: What About Drugs?		No Matches	
Activity 1			
Activity 2			
Activity 3			
Activity 4	<p>4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.</p> <p>5-3-b Choose and model health advocacy strategies for families, schools, and communities.</p>		
Unit Two: A Drug Every Problem?			
Activity 1	2-2-c Investigate the availability of health products and services at the local, state, and regional levels.		
Activity 2	2-2-c Investigate the availability of health products and services at the local, state, and regional levels.		
Activity 3	2-2-c Investigate the availability of health products and services at the local, state, and regional levels.		
Activity 4	3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Activity 5	<p>5-1-b Analyze information/data to support or refute the cause/effect of various health issues.</p> <p>5-3-b Choose and model health advocacy strategies for families, schools, and communities.</p> <p>5-3-c Collaborate with others to investigate the need for equitable health care for all.</p>		
Unit Three: Tobacco Use: The Leading Cause of Preventable Death			
Activity 1	1-1-c Analyze how appropriate and inappropriate health practices affect self and family.		

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Activity 1 (Cont.)	1-3-c Examine health practices which may cause and/or spread/prevent diseases.		
Activity 2	5-1-b Analyze information/data to support or refute the cause/effect of various health issues. 5-2-c Investigate the impact of past health plans/strategies on current populations/environments.		4-1-b Present oral information in a logical and coherent manner.
Unit Four: Alcohol: A Sobering Concern			
Activity 1			
Activity 2			
Activity 3	4-1-c Model effective interpersonal communication skills.		
Activity 4	2-3-a Analyze various personal situations to determine when professional health services are necessary.		
Unit Five: Marijuana Use A Smoke Screen			
Activity 1	3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic).		
Activity 2	3-1-a Distinguish short and long-term consequences of risky and harmful behaviors (sic). 5-1-b Analyze information/data to support or refute the cause/effect of various health issues.		
Activity 3			2-4-a Write to clarify what is known about various topics.
Unit Six: Other Drug Problems			
Activity 1	4-1-b Choose appropriate communication techniques when interacting with family, peers, and community. 4-2-c Use relevant and appropriate terminology when discussing health issues.		4-1-b Present oral information in a logical and coherent manner.
Activity 2			

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Unit Seven: It's Your Decision! Activity 1	2-1-b Analyze the media impact on personal and family health decisions and practices. 5-3-a Investigate methods used to influence others in making healthy choices.		3-2-a Determine the basic or subliminal meaning of various oral and visual messages, e.g., advertisements, videos, television.
Activity 2			
Activity 3	3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Activity 4	3-3-b Demonstrate individual responsibility in health-related decisions/choices.		
Activity 5	2-3-a Analyze various personal situations to determine when professional health services are necessary.		
Unit Eight: Saying No! Activity 1	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate ways. 3-1-b Analyze how social pressures can influence participation in risk-taking behaviors. 4-3-c Demonstrate communication skills used to avoid potentially harmful situations.		
Activity 2	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate ways. 3-1-b Analyze how social pressures can influence participation in risk-taking behaviors. 4-3-c Demonstrate communication skills used to avoid potentially harmful situations.		
Unit Nine: Avoiding Drugs in Your Future Activity 1	4-1-c Model effective interpersonal communication skills.		
Activity 2	1-2-c Examine ways to avoid, minimize, or cope with adolescent health problems.		1-4-c Collect and summarize information to make reasonable and informed decisions.

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Activity 2 (Cont.)	<p>4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.</p> <p>5-3-a Investigate methods used to influence others in making healthy choices.</p>		<p>2-2-c Select and use the writing format required for a specific type of publication.</p> <p>2-4-a Write to clarify what is known about various topics.</p>
Activity 3	<p>3-2-c Analyze personal health progress and adjust behaviors as needed.</p> <p>3-3-c Model an age-appropriate healthy lifestyle.</p>		