

Comprehensive Health for Middle Grades - Peer Relationships

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Unit One: Knowing Yourself		No Matches	
Activity 1			
Activity 2	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.		2-3-c Write on a routine basis to gain confidence and identity as an author.
Activity 3	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.		2-3-c Write on a routine basis to gain confidence and identity as an author.
Activity 4	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.		2-3-c Write on a routine basis to gain confidence and identity as an author.
Activity 5			
Activity 6			
Activity 7			
Unit Two: The Meaning of Friendship			
Activity 1			2-4-a Write to clarify what is known about various topics.
Activity 2			2-4-a Write to clarify what is known about various topics.
Activity 3	1-1-a Model appropriate ways to express feelings in a variety of age-appropriate situations.		
Activity 4			
Activity 5			2-2-a Determine and use the appropriate organization based on the established writing purpose and intended audience.
Activity 6			
Activity 7	4-2-a Demonstrate healthy ways to express needs, wants, and feelings.		
Unit Three: Peers and Influences			
Activity 1	3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.		
Activity 2	3-1-b Analyze how social pressures can influence participation in risk-taking behaviors. 3-3-a Describe how personal choices can impact (sic) long-range health.		
Activity 3	3-1-b Analyze how social pressures can influence participation in risk-taking behaviors.		

Lessons	Health Benchmarks	Science Benchmarks	Language Arts Benchmarks
Unit Four: Developing Close Friendships			
Activity 1	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		
Activity 2	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		3-1-b Use various listening techniques in problem-solving and decision-making situations.
Activity 3	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		3-1-b Use various listening techniques in problem-solving and decision-making situations.
Activity 4	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		

Unit Five: Friendships Through the Years			
Activity 1			2-4-a Write to clarify what is known about various topics.
Activity 2	4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.		
Activity 3	4-1-b Choose appropriate communication techniques when interacting with family, peers, and community.		2-4-a Write to clarify what is known about various topics. 3-1-b Use various listening techniques in problem-solving and decision-making situations.
Activity 4	4-1-a Demonstrate communication skills that build and maintain healthy relationships.		2-1-a Apply appropriate conventions of language in written work.