

Michigan Model For Comprehensive School Health Education - Grade Two

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
<p>Phase I Friends at Home and School</p> <p>Lesson 1. A Healthy Classroom</p>	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p>		<p>Draw upon prior knowledge and experience to understand unfamiliar texts. 1:1:c</p>
<p>Lesson 2. We Are Special</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>		<p>Write to determine what is known about specific topics. 2:4:a</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>
<p>Lesson 3. Changes</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 4. Helping By Listening	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>		<p>Identify helpful listening techniques used in decision - making situations. 3:1:b</p> <p>Present information in a clear and logical form. 4:1:b</p>
Lesson 5. Your Feelings and the Feelings of Others	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p> <p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>
Lesson 6. You and Your Friends	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify effective interpersonal communication skills. 4:1:c</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>		<p>Write to clarify the meaning of new information. 2:4:b</p> <p>Identify the basic intent of various oral and</p>

Lesson 7.
Expressing
Appreciation

Recognize the importance and consequences of feelings. 1:1:a

Write to clarify the meaning of new information. 2:4:b

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 7 (Cont.)	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Recognize ways to communicate care and consideration for self and others. 4:1:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>		
Lesson 8. Confronting Annoying Behavior	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify practices which promote personal well-being. 3:1:c</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p>		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Lesson 9. I'm Angry!	<p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify harmful behaviors. 3:1:a</p>		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Lesson 10. Steps for Solving Problems	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p>		<p>Identify the qualities that make oral and visual information accurate and valid. 3:2:b</p> <p>Use organization skills to assist in recall of oral / visual information. 3:3:c</p>

	Identify healthy ways to express needs, wants, and feelings. 4:2:a		
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 10 (Cont.)	Identify positive ways to solve conflicts. 4:3:b Recognize and use refusal and cooperation skills. 4:3:c		
Lesson 11. Practice Solving Problems	Recognize the importance and consequences of feelings. 1:1:a Recognize characteristics of emotional, social, and physical health. 1:2:b Identify personal choices that affect health. 3:3:a <i>Identify healthy ways to express needs</i> Identify positive ways to solve conflicts. 4:3:b Recognize and use refusal and cooperation skills. 4:3:c		Write to determine what is known about specific topics. 2:4:a Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a Use organization skills to assist in recall of oral / visual information. 3:3:c
Lesson 12. Who Are You?	Recognize the importance and consequences of feelings. 1:1:a Recognize characteristics of emotional, social, and physical health. 1:2:b Identify personal choices that affect health. 3:3:a Identify healthy ways to express needs, wants, and feelings. 4:2:a Identify positive ways to solve conflicts. 4:3:b Recognize and use refusal and cooperation skills. 4:3:c		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a Use organization skills to assist in recall of oral / visual information. 3:3:c Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c
Phase II Safety			

Lesson 1. Safe Walking Under Difficult Conditions	Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a	Explore scientific investigations. 1:2:a	Write to determine what is known about specific topics. 2:4:a
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 1 (Cont.)	Identify information available from health care providers / services in the community. 1:3:a Identify harmful behaviors. 3:1:a Identify the elements of good health. 3:2:a	Demonstrate understandings of scientific investigation. 1:2:b Demonstrate safety when engaged in scientific activity. 1:2:c	
Lesson 2. Obeying the Traffic Signs	Identify good personal hygiene practices. 1:1:b Identify information available from health care providers / services in the community. 1:3:a Identify harmful behaviors. 3:1:a Identify the elements of good health. 3:2:a Identify personal choices that affect health. 3:3:a Identify the attributes of personal responsibility. 3:3:b Recognize resources needed to implement health plans. 5:2:b		Write to determine what is known about specific topics. 2:4:a Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Lesson 3. Don't Forget Your Safety Belt	Identify good personal hygiene practices. 1:1:b Identify information available from health care providers / services in the community. 1:3:a Identify harmful behaviors. 3:1:a Identify the elements of good health. 3:2:a		

	<p>Identify personal choices that affect health. 3:3:a</p> <p>Identify the attributes of personal responsibility. 3:3:b</p>	
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 4. Biking Safely	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify information available from health</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health.</p> <p>Identify the attributes of personal responsibility. 3:3:b</p>		<p>Write to clarify the meaning of new information. 2:4:b</p>
Lesson 5. Having Friends and Staying Safe	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>		<p>Write to clarify the meaning of new information. 2:4:b</p> <p>Use organization skills to assist in recall of oral / visual information. 3:3:c</p>
Lesson 6. Staying Safe Around Water	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify information available from health</p> <p>Identify harmful behaviors. 3:1:a</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p> <p>Present information in a clear and logical</p>

	Identify the elements of good health. 3:2:a Identify personal choices that affect health. 3:3:a		
Lesson 7. Safe in the Sun	Identify harmful behaviors. 3:1:a		Write to clarify the meaning of new information. 2:4:b

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 7 (Cont.)	<p>Identify practices which promote personal well-being. 3:1:c</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p>		
Lesson 8. Safe From Injury at Home and at School	<p>Identify information available from health care providers / services in the community. 1:3:a</p> <p>Explain the availability of local health services and agencies. 2:2:c</p> <p>Identify professional services needed for maintaining personal health. 2:3:a</p> <p>Identify the variety of options in health care services / treatments. 2:3:b</p> <p>Identify harmful behaviors. 3:1:a</p>		<p>Write to clarify the meaning of new information. 2:4:b</p>
Lesson 9. Dental Safety	<p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p>		<p>Write to clarify the meaning of new information. 2:4:b</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>
Lesson 10. Personally Safe	<p>Identify the variety of options in health care and services / treatments. 2:3:b</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify examples of social pressure. 3:1:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p> <p>Present information in a clear and logical form. 4:1:b</p>

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
<p>Phase III Pollution:</p> <p>Lesson 1. Safe Use of Medicine</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify appropriate health practices that affect self and others. 1:1:c</p> <p>Identify information available from health care providers / services in the community. 1:3:a</p> <p>Identify the role of various local health agencies and / or services. 2:2:a</p>		<p>Draw upon prior knowledge and experience to understand unfamiliar texts. 1:1:c</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>
<p>Lesson 2. Safe From Other Drugs: Caffeine</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p>		<p>Draw upon prior knowledge and experience to understand unfamiliar texts. 1:1:c</p> <p>Write to clarify the meaning of new information. 2:4:b</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>
<p>Lesson 3. Safe From Other Drugs: Alcohol</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Recognize cultural differences and similarities among people regarding health. 2:1:a</p> <p>Identify how the media affects (sic) thoughts, feelings, and personal health. 2:1:b</p>		<p>Write to determine what is known about specific topics. 2:4:a</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>

	Identify the elements of good health. 3:2:a		
LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 3 (Cont.)	Identify personal choices that affect health. 3:3:a		
Lesson 4. Safe From Other Drugs: Tobacco and Nicotine	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p>		<p>Draw upon prior knowledge and experience to understand unfamiliar texts. 1:1:c</p> <p>Write to determine what is known about specific topics. 2:4:a</p> <p>Use questions to gain understanding of oral / visual information. 3:3:b</p>
Lesson 5. Saying "No" to Drugs	<p>Identify harmful behaviors. 3:1:a</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>		<p>Draw upon prior knowledge and experience to understand unfamiliar texts. 1:1:c</p> <p>Present information in a clear and logical form. 4:1:b</p> <p>Use accepted language in personal communication. 4:2:c</p>
Lesson 6. When Saying "No" Is a Must	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p>		

	Identify personal choices that affect health. 3:3:a	
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 6 (Cont.)	Identify healthy ways to express needs, wants, and feelings. 4:2:a Identify positive ways to solve conflicts. 4:3:b Recognize and use refusal and cooperation skills. 4:3:c		Use organization skills to assist in recall of oral / visual information. 3:3:c
Lesson 7. Environment and You	Identify common health problems of children. 1:2:c Identify characteristics of healthy community. 5:1:a Recognize how community health plans / strategies affect all. 5:2:c	Identify changes that occur on Earth. 4:1:b Explore ways human activity affects the environment. 5:1:b	Draw upon prior knowledge and experience to understand unfamiliar texts. 1:3:c
Lesson 8. Reducing and Preventing Pollution	Recognize cultural differences and similarities among people regarding health. 2:1:a Identify characteristics of healthy community. 5:1:a Identify characteristics of healthy community. 5:1:a Recognize how community health plans / strategies affect all. 5:2:c	Identify changes that occur on Earth. 4:1:b Explore ways human activity affects the environment. 5:1:b	Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Lesson 9. Reduce, Reuse, and Recycle	Identify characteristics of healthy community. 5:1:a Recognize how community health plans / strategies affect all. 5:2:c	Explore ways human activity affects the environment. 5:1:b Explore ways to respond to various environmental and social concerns. 5:2:b	Recognize writing styles used for different audiences and purposes, e.g., notes to a friend, thank you letter. 2:2:b Write to determine what is known about specific topics. 2:4:a Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a

Phase IV Understanding Our Eyes Lesson 1. Identify Five Senses	Identify major body parts and related functions (e.g., heart - pumping blood. 1:2:a		Write to determine what is known about specific topics. 2:4:a
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 1 (Cont.)			Present information in a clear and logical form. 4:1:b
Lesson 2 How Our Sense of Sight Helps Us	Identify good personal hygiene practices. 1:1:b Identify major body parts and related functions (e.g., heart - pumping blood). Identify the elements of good health. 3:2:a Recognize level of current personal health. 3:2:c Identify personal choices that affect health. 3:3:a Identify the attributes of personal responsibility. 3:3:b Identify various communication techniques used with family and peers. 4:1:b		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Enhancer 2 Optical Illusions	Identify good personal hygiene practices. 1:1:b Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a Identify the elements of good health. 3:2:a Recognize level of current personal health. 3:2:c Identify personal choices that affect health. 3:3:a	Explore scientific investigations. 1:2:a Demonstrate understandings of scientific investigation. 1:2:b	Write to clarify the meaning of new information. 2:4:b Use organization skills to assist in recall of oral / visual information. 3:3:c

	Identify the attributes of personal responsibility. 3:3:b Identify various communication techniques used with family and peers. 4:1:b		
Lesson 3. Let's See How Our Eyes See!	Identify good personal hygiene practices. 1:1:b		Identify the appropriate materials / resources needed to explore specific topics.

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 3 (Cont.)	Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a Recognize characteristics of emotional, social, and physical health. 1:2:b Identify harmful behaviors. 3:1:a Identify the elements of good health. 3:2:a Identify personal choices that affect health. 3:3:a Identify the attributes of personal responsibility. 3:3:b		Write to clarify the meaning of new information. 2:4:b Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Enhancer 3. The Eye Dissection	Recognize cultural differences and similarities among people regarding health. 2:1:a Identify the elements of good health. 3:2:a Identify personal choices that affect health. 3:3:a	Explore scientific investigations. 1:2:a Demonstrate understandings of scientific investigation. 1:2:b Demonstrate safety when engaged in scientific activity. 1:2:c	Write to clarify the meaning of new information. 2:4:b Use questions to gain understanding of oral / visual information. 3:3:b
Enhancer 3B. How the Retina Holds an Image	Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a	Explore scientific investigations. 1:2:a Demonstrate understandings of scientific investigation. 1:2:b	
Lesson 4. Eye Problems and What to Do	Identify good personal hygiene practices. 1:1:b		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a

	<p>Identify common health problems of children. 1:2:c</p> <p>Identify health practices which help prevent disease. 1:3:c</p> <p>Identify practices which promote personal well-being. 3:1:c</p>		
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 4 (Cont.)	<p>Identify the elements of good health. 3:2:a</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p>		
Lesson 5. More Ways to Help the Visually Impaired	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify health practices which help prevent disease. 1:3:c</p> <p>Identify the role of various local health agencies and / or services. 2:2:a</p> <p>Recognize behaviors which help or hinder effective communication. 4:2:b</p>		<p>Identify different information sources to use for various purposes, e.g., Internet, CD-Rom, and print materials. 1:4:a</p> <p>Recognize writing styles used for different audiences and purposes, e.g., notes to a friend, thank you letter. 2:2:b</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p> <p>Use various resources to support oral presentations, e.g., drawings, posters. 4:3:c</p>
Lesson 6. Eye Safety	<p>Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a</p> <p>Identify health practices which help prevent disease. 1:3:c</p> <p>Identify harmful behaviors. 3:1:a</p> <p>Identify practices which promote personal well-being. 3:1:c</p> <p>Identify positive ways to solve conflicts. 4:3:b</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>

<p>Phase V Understanding Our Ears Lesson 1. How Sounds Help Us</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a</p>		<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p> <p>Present information in a clear and logical form. 4:1:b</p>
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
<p>Lesson 1 (Cont.)</p>	<p>Identify the elements of good health. 3:2:a</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify the attributes of personal responsibility. 3:3:b</p> <p>Identify various communication techniques used with family and peers. 4:1:b</p>		
<p>Lesson 2. Let's Learn How Our Ears Hear</p>	<p>Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a</p> <p>Recognize resources needed to implement health plans. 5:2:b</p>	<p>Explore scientific investigations. 1:2:a</p> <p>Demonstrate understandings of scientific investigation. 1:2:b</p> <p>Demonstrate safety when engaged in scientific activity. 1:2:c</p>	<p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>
<p>Lesson 3. Ear Problems and What to Do</p>	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify common health problems of children. 1:2:c</p> <p>Identify health practices which help prevent disease. 1:3:c</p>	<p>Explore scientific investigations. 1:2:a</p> <p>Demonstrate understandings of scientific investigation. 1:2:b</p> <p>Demonstrate safety when engaged in scientific activity. 1:2:c</p>	<p>Identify the appropriate materials / resources needed to explore specific topics. 1:4:b</p> <p>Recognize writing styles used for different audiences and purposes, e.g., notes to a friend, thank you letter. 2:2:b</p> <p>Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a</p>

	Identify the role of various local health agencies and / or services. 2:2:a		
Lesson 4. Ways to Help the Hearing Impaired	Identify good personal hygiene practices 1:1:b Identify the role of various local health agencies and / or services. 2:2:a		Recognize writing styles used for different audiences and purposes, e.g., notes to a friend, thank you letter. 2:2:b Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 4 (Cont.)	Understand the importance of achieving and maintaining good health. 3:2:b Recognize level of current personal health. 3:2:c Identify effective interpersonal communication skills. 4:1:c Recognize behaviors which help or hinder effective communication. 4:2:b		
Enhancer 4. Sign Language	Identify good personal hygiene practices. 1:1:b Identify the role of various local health agencies and / or services. 2:2:a Understand the importance of achieving and maintaining good health. 3:2:b Recognize level of current personal health. 3:2:c Identify effective interpersonal communication skills. 4:1:c Recognize behaviors which help or hinder effective communication. 4:2:b		Recognize writing styles used for different audiences and purposes, e.g., notes to a Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a Use questions to gain understanding of oral / visual information. 3:3:b Present information in a clear and logical form. 4:1:b
Lesson 5. Reviewing Our Knowledge of the Eye and the Ear	Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a		Write to determine what is known about specific topics. 2:4:a

			Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Phase VI Helping and Growing Lesson 1. Finding the Balance	Identify good personal hygiene practices. 1:1:b Identify appropriate health practices that affect self and others. 1:1:c		Write to determine what is known about specific topics. 2:4:a

LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 1 (Cont.)	<p>Identify health practices which help prevent disease. 1:3:c</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p>		
Lesson 2. Exercise	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify major body parts and related functions (e.g., heart - pumping blood). 1:2:a</p> <p>Identify information available from health care providers / services in the community. 1:3:a</p> <p>Recognize cultural differences and similarities among people regarding health. 2:1:a</p>	<p>Explore scientific investigations. 1:2:a</p> <p>Demonstrate understandings of scientific investigation. 1:2:b</p> <p>Demonstrate safety when engaged in scientific activity. 1:2:c</p>	<p>Recognize various ways to organize writing based on the intended purpose and audience. 2:2:a</p>
Lesson 3. There Are Lots of Ways to Exercise	<p>Recognize the importance and consequences of feelings. 1:1:a</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify personal choices that affect health. 3:3:a</p> <p>Identify healthy ways to express needs, wants, and feelings. 4:2:a</p> <p>Identify positive ways to solve conflicts. 4:3:b</p> <p>Recognize and use refusal and cooperation skills. 4:3:c</p>		<p>Identify types of information used in daily activity. 3:3:a</p> <p>Use questions to gain understanding of oral / visual information. 3:3:b</p> <p>Use organization skills to assist in recall of oral / visual information. 3:3:c</p>

Lesson 4. What's With the Food Groups?	Identify good personal hygiene practices. 1:1:b	Identify the appropriate materials / resources needed to explore specific topics. 1:4:b
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 4 (Cont.)	<p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p>		
Lesson 5. Combination and "Others" Foods	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Recognize characteristics of emotional, social, and physical health. 1:2:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Understand the importance of achieving and maintaining good health. 3:2:b</p> <p>Recognize level of current personal health. 3:2:c</p> <p>Identify personal choices that affect health. 3:3:a</p>		Identify the basic intent of various oral and visual messages, e.g. advertisements. 3:2:a
Lesson 6. Healthy Snacks	<p>Identify good personal hygiene practices. 1:1:b</p> <p>Identify the elements of good health. 3:2:a</p> <p>Identify personal choices that affect health. 3:3:a</p>		

	Identify characteristics of healthy community. 5:1:a Identify ways to advocate health in families and schools. 5:3:b		
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LESSONS	HEALTH BENCHMARKS	SCIENCE BENCHMARKS	LANGUAGE ARTS BENCHMARKS
Lesson 7. Look at All We've Learned - Part I	Recognize characteristics of emotional, social, and physical health. 1:2:b		Write to determine what is known about specific topics. 2:4:a
Lesson 8. Look at all We've Learned - Part II	Recognize characteristics of emotional, social, and physical health. 1:2:b		Write to determine what is known about specific topics. 2:4:a