WATERTOWN

Family Resource

DIRECTORY



2017

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There are resources, programs and caring professionals close at hand and ready to help families in the Watertown area. The purpose of this guide is to promote healthy family life, the importance of family & the community resources available to help families thrive.

For more information about the guide or services available in the Watertown area, contact:

Watertown Healthy Youth Coalition

123 19th Street NE, Watertown

P: 884-3518 E: kellir@humanserviceagency.org

Kelli Rumpza

This directory is updated every two years, last revision was November 2017.

Alcoholism/Drug (Addictions) Information & Treatment

Human Service Agency - Addiction Services

Human Service Agency 123 19th St. NE 605-886-0123 or 1-800-444-3989

Fax: 605-884-3520

www.humanserviceagency.org

- Addictions Evaluations
- Adult Chemical Dependency/ Gambling Intensive Outpatient Treatment Program
- Adult Aftercare Support Groups
- Individual and Family Counseling
- DUI Classes
- Chemical Abuse Treatment Program
- Primary Prevention Program, Intensive Prevention Program
- UA testing is available
- Cognitive Behavioral Interventions
 Substance Abuse (CBISA) Treatment

Serenity Hills Detoxification/ Halfway House

1500 Hwy 20 NW 884-0650

Contact: Deb Hamer

A low-intensity, residential halfway house for individuals who are diagnosed with both a mental health and an addictions diagnosis. Individuals receiving services participate in an aftercare program, seek employment within the community, and receive ongoing therapeutic support from staff and other residents. Serenity Hills also houses a detoxification facility for individuals seeking detoxification from alcohol or substances.

Arts

Codington County Heritage Museum

27 1st Avenue SE 886-7335

www.cchsmuseum.org Contact: Christy Lickei

CCHM provides group tours, research assistance and programs both on and off site. The primary mission for the museum is to preserve, promote and interpret the history of Codington County and the surrounding area. Check out our website for upcoming events and activities.

Summer Hours: M-F 10:00a.m to 5:00; Sat 1:00 to 5:00. Winter Hours: M-F 1:00 to 5:00 and Sept.-May 2nd Sunday of each month 1:00-5:00

Karing Kapers Inc.

PO Box 535

www.karingkapers.com
Karing Kapers is a non-profit organization
whose purpose is to benefit the
performing arts. The main fundraiser is
an annual family- friendly variety show
held under professional direction each
fall at the DD Miller auditorium.

Redlin Art Center

1200 33rd Street S.E 882-3877

Contact: Julie Ranum, Executive Director E-mail: redlinac@redlinart.com
Featuring over 150 of Terry Redlin's original oil paintings, the Redlin Art
Center also offers gallery games to children of all ages. These special games including Gallery Bingo and Gallery
Crossword Puzzles are designed to encourage families to enjoy all of the details within Terry Redlin's paintings.
Summer Hours: M - F: 9 am - 5 pm; Sat: 10 am - 5 pm; Sun: 12 - 5 pm. Winter
Hours: M-F: 9 am - 5 pm. Sat: 10 am. – 4 pm; Sun: 12-4 pm. Admission is FREE!

Town Players

5 South Broadway 882-2076

www.townplayers.net Contact: Nancy Johnson

Email: townplayers@townplayers.net Town Players is a community theater organization. All of the participants are volunteers. Town Players puts on several plays each year, as well as offering a theater camp for youth during the summer.

Watertown Concert Association

Contact: Doug Herr 881-1529

www.concertassociation.net/watertownsd/index.cfm

The Watertown Concert Association sells a membership that includes six professional level concerts each season to citizens of Watertown and the surrounding communities.

Watertown Municipal Band

Contact: Doug Herr

881-1529

E: collinsmusic@dailypost.com
The band presents free concerts at
8:15 pm each Tuesday evening at
Stokes-Thomas City Park. The concerts
begin in early June and end in early
August. The band also plays at the
Memorial Day and Veterans Day
ceremonies and other events in the
community.

Child Care

A current listing of **registered** child care providers in the area is available at the Dept of Social Services Office located at 2001 9th Ave SW or call 882-5000.

Or you can do a search by going to: https://apps.sd.gov/ss45provinfo/sear ch.aspx

Churches

Adventist Churches

Seventh Day Adventist

305 9th Ave NE

882-0544

http://watertownadventist22.adventistchurchconnect.org/

Assembly of God Churches Christian Life Assembly of God

201 S Broadway 886-3392 www.christianlifewtn.com

Baptist Churches

First Baptist

111 14th Ave NE 886-4863 www.fbcwat.com

Grace Bible Church

1500 N. Hwy 20 (Midwest Bible Camp) 520-1283

www.gracewatertown.org

Harvest Baptist Church

402 E. Kemp 868-2214

www.harvestbaptistwtn.com

Prairie Lakes Baptist

1230 19th St NE 882-0946

Catholic Churches Holy Name Catholic

1009 Skyline Dr 886-2628 www.watertownholyname.org

Immaculate Conception

110 3rd St SE 886-9607 www.icparishwatertown.org

Mother of God Monastery

110 28TH Ave SE 882-6600

www.watertownbenedictines.org

Christian Churches Watertown Christian Church

201 Golf Course Rd 886-2418 www.watertownchristianchurch.com

Church of Christ

1103 4th St NE 886-4559

Church of Jesus Christ of Latter-Day Saints

1200 19th St. NE 882-2299

Christian & Missionary Alliance Churches

The Bridge

810 10th Ave SE (Jenson Ave) www.thebridgewatertown.com

Episcopal

Trinity Episcopal

202 E Kemp Ave 237-5422

www.trinityepiscopalchurchwatertownsd.com

Evangelical Free

New Life Evangelical Free

1530 N Hwy 20 886-1977

www.newlifeefree.org

Four Square Gospel

Family Worship Center 1120 4th St. NE 886-2510

www.fwc@fwcsd.com

Jehovah's Witnesses

Jehovah's Witnesses Kingdom Hall

3000 9th Ave. SE 886-6216

Lutheran Churches

Apostolic Lutheran

101 McLaughlin St 886-6694

Bethlehem Evangelical Lutheran

(Wisc Synod)

1144 N Maple 886-3582

Grace Lutheran (ELCA)

202 2nd St SE 886-5737 www.glcwtn.org

Hosanna Lutheran Church (LCMC)

1617 14th Ave NE PO Box 875 237–8399 www.hosannalutheranwtn.com

Lutheran Church of Our Redeemer

(ELCA)

2001 2nd St NW 886-2696 www.lcoorwatertown.org

Mt. Olive Lutheran (Missouri Synod)

715 2nd St. NE 886-5671 www.mtolivewatertownsd.org

St. Martin's Lutheran (Wisc Synod)

1200 2nd St. NE 886-2928 www.stmartinschurch.com

Trinity Lutheran (CLC)

1800 E Kemp 886-2976

www.trinitywatertownsd.com

Methodist Churches

Cornerstone United Methodist

1350 11th St. NE 886-2242

www.cumc.wat.com

First United Methodist

4 2nd Ave SE 886-4427 www.watertownfirstumc.com

Non-Denominational Living Faith Christian Center

13 17th St. SW 886-3625

Reformed Churches

Covenant Reformed Church

15 12th Ave NE 878-4567 www.watertownrcus.org

Salvation Army Salvation Army Church

621 4 St SE 886-4030

www.usc.salvationarmy.org/watertown

United Church of Christ First Congregational UCC

121 1ST Ave SE 886-6994 www.uccwatertown.com

United Pentecostal

Jesus Church of Watertown

500 14th Ave NW 882-3814 www.jesuschurchsd.com

Wesleyan Churches

Evangelical Wesleyan

45557 176th St 886-3803

Watertown Wesleyan

1616 3rd Ave NE 886-3779 www.watertownwesleyan.org

Community Organizations

Access Ministries

25 W. Kemp 605-878-1478

www.access-ministry.org

Contact: Dan Schutte
Provides free lunch and clothes, as
well as free furniture and other
items, when available.

Building Stronger Hearts

605-520-9653

http://buildingstrongerhearts.com
Offers programs for heart patients of all ages in the general region of northeastern SD. These programs will deal with screening, rehabilitation, welfare, and health, in order to identify and assist those so afflicted in adjusting themselves to their environment, to aid them in all their activities, and to be of assistance in solving their particular problems.

Codington County Cares Cancer Foundation

818 S. Broadway PO Box 873 878-3232

A non-profit corporation providing information, assistance, and advocacy for cancer patients, survivors, and their families and caregivers.

First United Methodist Church Free Sale

4-2nd Ave SE 886-4427

www.watertownfirstumc.com
Give away clothing and small
household items twice a year. Call
for information about the next one.

Glacial Lakes SAFE (Suicide Awareness for Everyone)

PO Box 1030

www.facebook.com/GlacialLakesSAFE/ Raising local awareness of Suicide and support preventative measures and help to provide additional local access to suicide outreach services.

National Suicide Prevention Hotline:

1-800-273-TALK (8255) or text "hello" to 741741

Lake Area Kidney Endowment

605-237-0268 PO Box 1355

lakekidney1355@gmail.com

L.A.K.E. is the source of mercy for all patients and families affected by kidney disease, kidney transplantation or donation, and kidney dialysis.

The Salvation Army

621 4th St SE PO Box 136 886-4030

Contact: Michelle Fontaine, Lieutenants Zach and Karissa Zumwalt http://centralusa.salvationarmy.org/wes

tern/Watertown

Provides: Food pantry, clothing, disaster services, rental/utility assistance, prescriptions, meals, gas, motel rooms, Christmas Angel Giving Tree, Back to School supplies, and Thanksgiving Food Box and Salvation Army Thrift Store Vouchers.

Special Olympics Watertown Area

Mailing address: 1621 Arrow Ave NE

Contact: Laurie Schmig

(605) 237-3933

Email: hodlschmig@hotmail.com
FB: Special Olympics Watertown SD

The Upside of Downs Down Syndrome Assoc.

PO Box 723

upsideofdowns21@gmail.com www.facebook.com/UpsideofDownsW atertown

The upside of downs; to inspire the life of persons with Down syndrome and those surrounded by providing knowledge, support, and connecting like families.

Watertown Area United Way

PO Box 283

818 S. Broadway, Ste. 104

886-5815

www.watertownunitedway.org

Contact: Tracy Hlavacek

Watertown Area Community Foundation

211 E. Kemp Ave 882-3731

www.watertowncommunityfoundation.org

Contact: Jan DeBerg
E-mail: foundation@iw.net
The Watertown Community
Foundation invests in the vitality and
future of Watertown by supporting
community priorities, responding to
human service needs and enhancing
recreation, education, arts and
culture. The WCF board, the Youth
Council board, and the Women and
Giving program award grants
throughout the year.

Watertown Convention & Visitors Bureau, Inc.

1 E Kemp Ave 753-0282

Email: cvb@visitwatertownsd.com www.visitwatertownsd.com Provides services for visitors to Watertown for conventions, sporting and other events, reunions, that include complimentary personalized planning assistance, tours and program assistance.

Watertown DASH

882-5238

Contact: Michelle Jensen www.watertownsd.us/index.aspx?nid=608 Watertown DASH is an initiative with the Watertown Police Department that stands for Drug free, Alcohol free, Safe and Healthy. Watertown DASH hosts and sponsors a variety of family oriented events throughout the year to promote safe, healthy, drug free and alcohol free lifestyles. Some of the events and activities hosted or sponsored by DASH: Spring Into Action 5K/Walk, annual \$500 Scholarship, annual Kids Fun Run, Teen Police Academy, DASH to Kampeska Freedom Run 5K/Walk, F.O.P. Kids Triathlon, Turkey Dash 5K/Walk and DARE Classes.

Watertown Tobacco Free Coalition

P.O. Box 1030 884-3518

Contact: Kelli Rumpza

E-mail: kellir@humanserviceagency.org
The WTFC is a community/school
partnership coalition funded by the
South Dakota Department of Health –
Tobacco Control Program. The
coalition provides tobacco prevention
education to the Watertown
community. We meet the 1st Wed. at
noon at Human Service Agency.

Watertown Healthy Youth Coalition

PO Box 1030 884-3518

Contact: Kelli Rumpza

E-mail: kellir@humanserviceagency.org
To raise the awareness of our
community members by educating and
providing resources; and by working
with existing community businesses &
organizations. We advocate for & help
implement programs, policies and
practices that will make Watertown
healthier and drug free for all our
youth and families.

Watertown Initiative to Prevent Sex Trafficking (WIPST)

605-878-2021

www.watertownbenedictines.org/pr event-human-trafficking

The goal is to build healthy communities by preventing sex trafficking in the greater Watertown area. Interested groups or individuals are encouraged to contact us for more information or to schedule a presentation.

Watertown Volunteer Center

111 E. Kemp Avenue 886-5270

Contact: Char Torgerson
E-mail: chatorwvc@iw.net
We promote volunteerism, train and
assist non-profit organizations.
Recruiting and referring volunteers to
a variety of opportunities, recognize
volunteers, and provide numerous
individual programs designed to
mobilize volunteers to solve
community problems.

Community Support Provider

NEW HORIZONS

Human Service Agency 123 19th St. NE

886-0123 or 1-800-444-3989

Fax: 605-884-3520

www.humanserviceagency.org

Contact: Jodie Marotz

NEW HORIZON's mission is to support people to achieve self-reliance, exercise control over their lives, and realize their dreams and desires. Services offered include but are not limited to: assessments & individual support plans; medical, physical, psychological, employment, residential, social/leisure and special education services.

Counseling Services

Bridgeway Counseling Center, Inc.

600 4th St NE Suite 203, Medical Arts Building 886-5262

www.bridgewaycounselingcenter.com Provides counseling for adults and adolescents; evaluations for Dementia, ADHD, Learning Disabilities and Presurgical assessment. We provide counseling for individuals, children, families and marriages.

C.A.R.E. (Community Assistance Rehabilitation & Education) Connections

1313 9th Ave SW 882-9006 ext.301 Contact: Lynn Amdahl www.humanserviceagency.org Provide treatment, rehabilitation, and support services for individuals with severe mental illness.

Compass Counseling and Assessments, Inc Shane Larson, MS, LPCMH

PO Box 1131 100 S Maple St, Suite 204 605-520-0157 Professional counseling services

conducted in a private and confidential setting. Services include sexual offender assessments & treatment.

Dr. Mark Bontreger, Inc.

525 5th Street SE Suite L-13 882-0800

A private & professional counseling service that provides help for Relationship conflict, Depression, Stress and Anxiety, Alcohol and Drug problems, Addictions and compulsions, fears, phobias, and obsessions.

Glacial Lakes Professional Counseling Services

525 5th Street SE, L3

886-3845 Contact: Jennifer Pahl Individual, adolescent, marriage family and group counseling.

Human Service Agency - Outpatient Mental Health & Youth and Family Services

123 19th St. NF 605-886-0123 or 1-800-444-3989 www.humanserviceagency.org Contact: Kari Johnston

Behavioral Health Services:

- Psychological Testing and **Evaluations**
- Individual Counseling
- Marriage & Family Counseling
- Anger Control Group/Domestic Violence Program
- Psychiatric Evaluations and Medication Management
- Moral Reconation Therapy (MRT)

Youth & Family Services:

- Children and Youth Psychological Evaluations
- Functional Family Therapy (FFT)
- Home Based Counseling
- Children's Intensive Case

Management

- Adolescent MRT Group
- Psychiatric Evaluations and Medication Management

Lutheran Social Services

1424 9th Avenue SE #7 882-2740 or 800-568-7116 Website: www.lsssd.org Contact: Mary K. Johnson

Mental Health Services: Individual, Couple, Family & Group counseling, Victims of Crime/Abuse counseling, Domestic Abuse/Anger Management, Residential Placement Referrals, Alcohol/Drug Assessments, Employee Assistance Programs, School Counseling/ Consultation Services, Business Consultation/Training, Family Life Education, Premarital Assessments & Counseling/Education, Adoption Services.

LSS Consumer Credit Services:

Consultation on Personal Finances, Establish Personal Spending & Debt Management Plan, Student Loan counseling, credit report consultation, Bankruptcy Counseling, Foreclosure prevention and Mortgage Delinquency counseling, Financial education, Debt & Credit Education, Home Buyer/Owner Education. CFR is dedicated to educating consumers on financial fitness, housing issues and the wise use of credit. Call 888-258-2227 or (605)882-2228 for further information.

Beacon Center

801 Jenson Ave SE PO Box 781 Business line 886-4304 Crisis line 886-4300 or 1-800-660-8014

Contact: Dawn Sikkink

E-mail: dawn@beaconcentersd.com We provide: Professional counseling, adult, individual and support groups, Child-Play Therapy, information, referrals, protection order assistance, court advocacy, medical advocacy, victim compensation application, Supervised visits, and Safe exchanges.

Cultural Center

Benedictine Multicultural Center 2500 5th St. SE 878-2021

http://watertownbenedictine.org/be nedictine-multicultural-center Email:srteresawolf@gmail.com Our mission is to welcome the stranger so that the stranger can participate in the life of the community. Services: English classes, Spanish conversation classes, Preparation for Citizenship test, Translation and interpretation services, Jail/prison ministry, Pastoral consultancy for parishes, Sacramental preparation, Advocacy regarding legal immigration issues and against human trafficking. Hours: M-F, 9:00-4:30,; other times by appointment

Domestic Violence

Beacon Center

801 Jenson Ave SE PO Box 781 Business line 886-4304 Crisis line 886-4300 or 1-800-660-8014

Contact: Dawn Sikkink

E-mail: dawn@beaconcentersd.com Serve Clark, Codington, Deuel, Grant & Hamlin. Programs & Services provided:

- 24-hour Crisis line and emergency shelter for victims of domestic violence and sexual assault
- Professional counseling for men, women, children, and families
- Information & referral
- Rape Crisis services
- Educational presentations
- Support groups and life skills classes
- Children's groups during school year
- Parenting classes
- Legal & court advocacy
- Visitation Center

Crime Victim's Assistance

14 1st Ave SE (Court House) 882-6276

www.codington.org/victim-assistance

Contact: Jan Steele

E-mail: jsteele@codington.org We inform victims of their rights, including victims' compensation and restitution and information on criminal court proceedings at every stage of the criminal court process.

REACH (Respond-Educate-Advocate-Counsel-Heal)

A regional multidisciplinary team (MDT) consisting of representatives from law enforcement, child protective services, prosecution, mental health, victim advocacy, and child advocacy center staff. The MDT

collaborates to achieve the most effective outcomes for children and families in cases of child maltreatment. If you or somebody you know suspects a child is being abused or neglected, the REACH team serves as a single point of contact to investigate and respond to those concerns.

REACH team 605-882-5238 128 N. Maple St.

REACH Clinic (Tuesday 8:00 AM - 5:00 PM)
Sanford Child's Voice - Watertown 605-333-2226
901 4th Street NW (2nd Floor)

Early Education, Child Development

Birth to Three

PO Box 1536 753-5450

http://doe.sd.gov/oess/birthto3.aspx
Contact: Kelly Bradberry
Birth to Three Program offers free
developmental screenings for
children under three years of age.
This program helps families detect
developmental delays that affect
their children and find resources to
assist them in providing therapy
services for their child. Referrals
can be made by parents, physicians
or any concerned person. The Counties
served are Roberts, Day, Marshall,
Grant, Codington, Clark, Hamlin, and
Deuel.

Head Start Pre-Birth to Five

Office: 7-8th Ave SE

886-7674

Classrooms: 710 10th St. SW Website: www.interlakescap.com

Contact: Linda Engen

Email: lengen@interlakescap.com We offer federally funded, free comprehensive programs that provide educational, nutritional, health and family services to eligible families and children. Center based pre-school and home base options.

Education - Adult

LATI Adult Education & Literacy

2001 9th Avenue SW, Suite 200 882-5080

Offers adult education, GED and Adult Education Brush Up services, administers test for NCRC Certificates.

Employment Agencies/Services

Employment Connections

Human Service Agency 28 1st Avenue NW 882-3710

On the job training, job coaching and follow along services for the business and clients, who are referred by vocational rehabilitation programs.

- Unlimited presentations of current, up to date job listings.
- Application pick up, completion of applications, and personal resume creation.

Express Employment Professionals

1018 14th St SE 605-878-0999

Help people find jobs and provide workforce solutions to businesses. They provide a full range of employment solutions that include full-time, temporary, and part-time employment in a wide range of positions, including professional, commercial and administrative.

South Dakota Department of Labor-Watertown Office – Job Service

2001 9th Avenue SW, Suite 200

Contact: Lisa Johnson

882-5131 Fax: 882-5152

Website: www.sdjobs.org

- Employment Services
- Veterans Services
- Training Opportunities
- WIOA is a federally funded employment training program designed to prepare youth and unskilled adults for entry into the labor force.
- Temporary Assistance for Needy Families
- Reemployment services
- Resource Center for job-related purposes.
- Testing/Assessment

Financial Assistance

American Legion State Hdqtrs.

14 1st Avenue SE

Codington County Courthouse 886-3604

Men & women, who served during wartime conflict, will be considered for temporary financial aid. This is a program which covers the basic needs of children; families without children will not be considered. If eligible, help is received in the form of a grant which does not need to be paid back.

Codington Veterans Service Office

14 1st Ave SE, (Court House) 882-6289

E-mail: veteran@codington.com
Provides expert claims service to every eligible Codington County veteran and his/her dependents and survivors. They also aide the veteran in understanding entitlements, which can minimize the burden of health and economic stress, and they process the necessary forms for Federal as well as State Veteran benefits.

Codington County Welfare Office

14 1st Avenue SE Codington County Courthouse 882-6286

Email: codwelfare@codington.org www.codington.org Assists with rent, utilities & medical. Also offers prescription discount card

Also offers prescription discount card for those who meet the qualifications. Interested parties need to apply through the county.

Codington County WIC Community Health Office

14 1st Avenue SE (Courthouse) 882-5177

This is a supplemental food program available to pregnant or nursing women, infants, and children under age 5, who meet income guidelines and have medical and nutritional needs.

FB page – South Dakota WIC Program

Inter-Lakes Community Action Partnership (ICAP)

7 – 8th Ave SE 886-7674

Contact: Cindy Raml

E-mail: craml@interlakescap.com

www.interlakescap.com
A community based non-profit
organization which serves primarily
low-income families and senior
citizens in a 14-county area of East
Central South Dakota. We administer a
variety of programs supported through
grants, donations, and other
community resources to assist
participants and their communities to

Affordable Care Act assistance Contact: Carol Weyh -886-7674 Email: cweyh@interlakescap.com

achieve full potential.

Social Security Administration

514 Jenson Ave SE, Watertown 1-888-737-1763 or 800-772-1213 M, T, Th &F 9am-4pm, Wed 9am-noon www.ssa.gov

Provides continuing income to a person or family when earnings stop or are reduced due to disability, retirement or death.

SD Department of Social Services – Economic Assistance

2001 9th Ave SW Suite 300 882-5000

Fax: 882-5045

Provides medical, nutritional, financial, and case management services to promote the well-being of lower income families, children, people with disabilities, and the elderly.

The Salvation Army

621 4th St SE

886-4030

Contact: Michelle Fontaine or Lieutenants Zachary/Karissa Zumwalt Assist with rent, utilities, prescriptions, gas, and emergency motel rooms, and vouchers for the Salvation Army Thrift Store. Eligibility guidelines apply. Hours by appointment are Monday – Friday from 1:30 to 4:00 p.m.

Suzanne Jacobson Foundation

Prairie Lakes Healthcare Foundation 401-9th Ave NW 882-7631

www.prairielakes.com/images/pdfs/

SJM_Fund_2011.pdf

The SJMF can assist with funds for medical bills for an individual or family, who undergoes a lengthy or unexpected illness or injury. Funds could also be used to assist with travel expense to enable family members to stay near a loved one.

Food Pantries/Meals

Free meals are served every week at these times and locations:

Monday – 11:30 am at Salvation Army 621 4th St. SE

11:30 am at Access Ministries-25 W. Kemp

Supper (The Banquet) 5:30-6:30 pm at Grace Lutheran Church - 202 2nd St SE

Tuesday - breakfast 7 – 8:30a.m.

First United Methodist Church 4 2nd Ave SE

11:30am at Access Ministries

Wednesday – 11:30am at Salvation Army

11:30am at Access Ministries

Thursday –11:30am at Access

Ministries

Supper 6:00-7:00pm County Fair Banquet Hall 14 2nd St. NE

Friday – 11:30am at Salvation Army 11:30am at Access Ministries

Cornerstone Methodist Church – Lunch Bunch

1350 11th St NE

Provide low cost lunches on Wednesdays during both lunches for high school students. Lunch Bunch does not meet on early out days. For more information: contact 886-2242.

Food Pantries/Food Assistance Programs:

Blessing Box - Trinity Episcopal Faith 202 E Kemp Ave

Take what you need, bring what you can; above all be blessed. Non-perishable food items and household items can be picked up or dropped off.

Cornerstone Church Food Pantry

1350 11th St NE 886-2242

Hours are Mondays 10:00a.m. – 12:30p.m.

Supplemental Nutrition Assistance Program (SNAP)

This provides financial assistance to help cover the cost of food. Apply at the Department of Social Services 882-5000. You must meet income qualifications.

TABLE Project

This provides additional food resources, over the weekends, and during the summer. Any child in grades Pre-K through Grade 12, enrolled in any Watertown or Codington County school may participate in the TABLE Project. There are no other eligibility requirements. Annual registration will occur in April. Through the Registration and Consent Form, participants will select a site to pick up their sack each week. For more information, email watertowntableproject@gmail.com or contact the First United Methodist Church at 605-886-4427.

Watertown School District Free & Reduced school meals

(breakfast & lunch) - Pick up an application at your child's school. Acceptance is based on meeting income requirements.

The Salvation Army

621 4th St SE 886-4030

Contact: Michelle Fontaine or Lieutenants Zachary/Karissa Zumwalt Food Pantry is accessible every 31 days, and is open Monday 9:00 – 11:00; Tuesday, Wednesday, and Friday from 9am-11:30am. Thursday Wal-Mart food give away starts at noon, enter through the grey door, and it's first come first served. No income requirements.

Watertown Area PACH Program

(People Against Child Hunger) E-mail: watertownpach@gmail.com 886-4427

Any child in grades K-12 enrolled in the Watertown Public School District or any Codington County School is eligible. Pre-registration is required and the number of participants is limited. To register, applicants must complete a form available on web-site or e-mail or call to receive a form.

Health/Fitness

Anytime Fitness

501 1st Ave NE 878-2112

www.anytimefitness.com 24 hour access gym with free weights, circuit, classes, personal trainers, cardio equipment, and strength equipment.

Barefoot FTS

403 10th St NW Contact Abby for class times and information. abby@barefootFTS.com or 881-1127

Brown Clinic STRIVE 2 Survive

Kelsey Raml, MS, RD, LN 605-884-4226 strive2survive@brownclinic.org www.s2sbrownclinic.com A 12 week wellness program held several times throughout the year. The program has two main components: diet and exercise with the goal of continuing these types of habits for a lifetime. Program meets every other Tuesday at the County Fair Banquet Hall from 5:30-6:30pm. Lab work (full lipid and glucose) and body composition testing are also included at the beginning and end of the 12 week program.

Living Art Dance Studio

19 S Broadway 605-380-1908

livingartdance@abe.midco.net www.livingartdance.net Register by contacting the phone number or email above. Our mission is to provide a positive dance experience by utilizing a structured syllabus that helps students grow in self confidence and self discipline.

Dakota Gold Gymnastics & Cheer

424 19th St SW 886-7530

Contact: Melissa VanGilder E: dakotagoldacademy@gmail.com www.dakotagoldacademy.com

Fall Out Shelter

13 2nd St SE 605-204-0294

We are offering classes for sport TaeKwonDo, Hapkido, and self defense. Fallout Shelter is a division of Fallout Shelter Ministries, a SD Non Profit, promoting physical and spiritual preparedness.

Living Yoga

1 S Broadway 878-3700

www.livingyogawatertown.com Yoga has numerous benefits for many major health concerns in our society today. Classes and private sessions are available.

Prairie Lakes Wellness Center

1515 15th St NE 882-6250

www.watertownsd.us/index.aspx?ni d=175

E: jsmall@watertownsd.us
For families and individuals, the
Wellness Center provides a
swimming pool, gymnasium,
racquetball, walking track, group
fitness classes, yoga, pilates, cardio
and weight machines, massage
therapy, and personal training

Snap Fitness

12 19th St NE 878-7627

www.snapfitness.com/watertownsd 24 hour access gym with free weights, strength training machines, cardio equipment, personal trainers, red light therapy& hydro massage.

The Gym

207 E Kemp Ave. 753-5600

www.thegyminc.com 24 hour access gym with free weights, cardio theater, personal trainers, advanced equipment and fitness classes, hydro massage, and red light therapy.

Ultimate Kicks - Tae Kwon Do

206 9th Ave. SE

886-0816 or (320) 222-5425

Contact: Master Jon Anderson

Email: uktkd@leestkd.com www.ultimatekicks.com

www.ultimatekicks.com
Tae Kwon Do is for all ages. We focus
on improving manners, selfdiscipline and confidence while
promoting physical fitness, flexibility

and self-defense.
Discipline, Manners, Attitude:

Live the Code

Home Health Equipment/Supplies

Avera Home Medical Equipment

1508 4th St NE 882-3511

www.avera.org

Midwest Medical Service, Inc.

615 6th Street SE 882-4210 or 800-657-8098 www.midwestmedsd.com Offer medical equipment and supplies for the entire family from newborn to elderly.

Hospital

Prairie Lakes Healthcare System

401 9th Avenue NW 882-7000

Website: www.prairielakes.com Email: info@prairielakes.com

Prairie Lakes Healthcare System (PLHS) is an independent, not-for-profit, healthcare system that provides services to residents in northeastern South Dakota and western Minnesota. PLHS's Hospital and Specialty Clinics are based in Watertown, SD. Many of our specialty services listed below are available with no referral required.

Cancer Center

401 9th Avenue NW 882-6800

The Cancer Center allows patients to receive advanced oncology and hematology treatments while spending valuable time with and receiving support from family and friends. The dedicated physicians and clinical staff work as a team offering patients many levels of expertise in areas such as radiation, chemotherapy, nutrition, education, and emotional well being.

Cardiology Services

401 9th Avenue NW 882-7953

The Cardiology Program offers both inpatient and outpatient heart care to patients 24 hours a day, 7 days a week, using state-of-the-art technology. With an onsite cath lab and a team of highly-trained clinical staff and physicians, Prairie Lakes is equipped to handle heart care emergencies. This fulfills a critical need in the region by offering immediate cardiac access and improving patient outcomes.

Caring Club House

220 9th Avenue NW 868-1868 or 882-6888 The Caring Club House offers an affordable room near the hospital for patients or family members from out of town.

Dermatology Clinic

401 9th Avenue NW 882-7800

Dermatology services are available for all ages of patients with conditions such as psoriasis, acne, skin cancer, rosacea, and eczema. Our staff is available to address your concerns with moles and skin conditions in clinic.

Ear, Nose, Throat and Facial Plastic Surgery Clinic (ENT)

1201 Mickelson Dr. 882-7740

ENT services are available for adult and pediatric conditions, like ear infections, vertigo (balance issues), and hearing loss; nose conditions like sinus disease, nasal obstruction and nasal fractures; and throat conditions like voice disorders, snoring and thyroid disease. Facial plastic surgery is also available.

General Surgery Clinic

1201 Mickelson Dr. 605-882-6850

General surgery is a surgical specialty that focuses on abdominal parts. This clinic provides diagnosis and treatment for wide range of conditions with no referral needed. Our General Surgeons see conditions such as hernias, varicose veins, gall bladder disorders, breast lumps and diseases, thyroid disease, and colon disorders.

Home Connections

401 9th Ave NW 882-7841

Home Connections staff provide inhome services for patients who need housekeeping, errand/shopping services, personal care assistance, exercise assistance, medication management and any other nonskilled task. Services are available from a visit to multi-hour schedule, seven days a week. A nurse case manager provides overall supervision and management.

Home Health

401 9th Ave NW 882-7745

Home Health offers a skilled level of nursing and therapy care covered by Medicare and private insurances. RN's, physical, occupational, and speech therapy, medical social services and aides provide care in the home setting on an intermittent (not shift) visit basis. Services may be requested by phone, in writing or in person by the MD, family or patient.

Hospice

401 9th Ave NW 882-7745

Our Hospice services are Medicare certified and offer symptom control

and hands-on care of the terminally ill person in the home, respite, and hospital/acute setting. Hospice nurses, support staff, and volunteers strive to help the patient move through the end-of-life process in comfort. Family members and caregivers are given support during this process and through bereavement programs.

Nephrology Clinic

401 9th Avenue NW 882-5455

Nephrology provides diagnosis and management of kidney diseases and disorders including hypertension, electrolyte disturbances, managing patients with kidney transplant, and critical care. Prairie Lakes also owns and operates three dialysis units, one located in Watertown.

Pulmonology Clinic

600 4th St. NE 882-7650

This program provides diagnosis and management of diseases involving the respiratory tract, such as pneumonia, asthma, tuberculosis and emphysema. The Pulmonology Clinic is located in the Medical Arts Building.

Rehabilitation Services

882-7700

401 9th Avenue NW Rehabilitation staff provide physical and occupational therapy, cardiac and pulmonary rehab, home therapy and speech therapy services.

Retail Pharmacy

882-7790 401 9th Avenue NW

Urology Clinic

882-6810 401 9th Avenue NW Our Urologists offers care to patients with urological disorders; including interstitial cystitis, urinary incontinence, prostatitis, and prostate cancer are diagnosed and treated. In office procedures such as prostate biopsies, cystoscopies, and vasectomies are performed in the Urology Clinic.

Wound Care Clinic

401 9th Ave NW 605-882-6705

Our certified wound care staff provides care for patients with chronic or acute wounds. Prairie Lakes Wound Care Clinic provides individualized plans of care.

Housing

Costello Property Management

886-4480

Has income based housing available.

Mills Property Management

882-1151

Has income based housing available.

Habitat for Humanity Greater Watertown Region Inc.

100 S Maple St, Suite 208 PO Box 604 884-0366

Contact: Alissa Bauman

E-mail:www.habitatwatertownsd.org HFHGWR has two programs available for eligible partner families. The Home Ownership program works with families to build/own a simple, decent house. The Home Repair program works with homeowners to repair their homes. Both programs provide a hand up, not a hand out, through nointerest loans for the value of the home or repair. HFHGWR welcomes volunteers and donations to reduce the cost of building and repairs.

Watertown Housing Authority

24 West Kemp 886-7731

www.watertownhousingauthority.org

M-W plus Fri.-hours 10am-4pm
Thursday hours are 10am-7pm
WHA provides rental assistance to
income eligible people such as elderly/
disabled, abuse victims with family,
working families, non-working families
and students with families. WHA also
administers a 60 unit (income based)
Hi-Rise for the elderly and disabled
and 25 houses throughout Watertown
for income eligible families.

<u>Law Enforcement and/or</u> <u>Emergency Responders</u>

Child Abuse/Domestic Violence Hotline

886-4300 or 1-800-660-8014

Codington County State's Attorney

14 1st Avenue SE 882-6276

State's Attorney's office prosecutes child abuse, child neglect, and juvenile delinquency cases.

Codington County Detention Center

119 South Maple 882-6284

Codington County Emergency Management

P.O. Box 12 882-6272

Director: Jim Sutton

Email:codcoem@codington.org

www.codington.org

First Responder Agency for

Codington County

Codington County Search & Rescue

P.O. Box 12 882-6272

Contact: Larry Howard, Commander Email: codcoem@codington.org Codington County Search & Rescue is a trained team of Codington County Emergency Management volunteers, who perform search and rescue of persons, assist in the recovery of bodies, assist law enforcement with evidence recovery and promote safety.

Codington County Sheriff

Contact: Sheriff Brad Howell 14 1st Ave SE 882-6280 www.codingtonsheriff.com

Crisis Hotline (24 hours a day)

Human Service Agency 1-800-444-3989

Division of Criminal Investigation (DCI)

128 N. Maple 882-5238 General crimes and narcotics.

REACH investigative team assistance.

Emergency

9-1-1 (Emergency only)

Fire Department

Station 1 129 NW 1st Avenue 882-5030 Station 2 500 Golf Course Rd. 882-5027 www.watertownfirerescue.com

SD Highway Patrol

882-5057

Project STAND UP

Text 'drugs' to 82257 to report illegal drug use. Tips are 100% anonymous.

Watertown Police Department

128 N. Maple 882-6210

www.watertownpd.com Contact: Ryan Remmers

E-mail: rremmers@watertownpd.com Programs offered by the WPD include: Electronic Neighborhood Watch, Camp Chance, Explorer Program, Block Parties, Torch Run, Changing Directions, Bike Safety, Stuffed Animal Friends, Safety Patrol, Ride-along, Internships, and Adopt-A-School Program.

Victims/Witness Assistance

Codington Co. State's Attorney office 882-6276

Libraries

Watertown Regional Library

160 6th St NE 882-6220

http://www.watertownsd.us/index.aspx?NID=162

E-mail: adminwat@watertownsd.us

NE Prevention Resource Center, Human Service Agency

123 19th St. NE, PO Box 1030 (605) 884-3516

www.humanserviceagency.org

Contact: Dodi Haug

E-mail: dodih@humanserviceagency.org Provides audiovisual and printed resources and education on topics surrounding the issues of alcohol, tobacco, other drugs and violence to communities and schools within a 21 county region in NE South Dakota.

Physicians and Health

Care Clinics

Brown Clinic, P.L.L.P.

506 1st Avenue SE 886-8482

Website: www.brownclinic.org Contact: Jim Vachal, R.Ph., Chief

Administrative Officer

Email: james.vachal@brownclinic.org Brown Clinic has two Watertown locations- 506 1st Avenue SE (Main Location) and 511 14th Avenue NE.

(Northridge Location)

Brown Clinic provides diabetic education, family medicine, general surgery, internal medicine, obstetrics and gynecology, nutritional services, pediatrics, pharmaceutical care, podiatry, radiology, laboratory, and Wise Program/All Women Count.

At the Northridge Location: Kids Kare Clinic Hours are M-F 7:30 am – 9:00 am

Convenience Care Clinic Hours are M-F – 5:00 pm – 7:30 pm and Saturday Mornings from 8:00 am – 11:00 am

Both of these are WALK-IN Clinic's. No appointment is necessary.

Sanford Health Watertown Clinic

901 4th Street NW 605-886-8471

www.sanfordwatertown.org
Sanford Health Watertown Clinic
provides: Family Medicine, Internal
Medicine, OB/GYN, Pediatrics, General
Surgery, Endoscopy Services,
Occupational and Physical Therapy,
Occupational Medicine, Digital
Mammography, Radiology, Lab,
Outreach services available at Sanford
Health Watertown Clinic include
Cardiology (Adult and Peds),
Nephrology, Neurology, Pulmonology,
ENT, Genetics, Diabetic and
Nutritional Education

Public Health Services

Family & Community Health Services – Codington County

14 1st Avenue SE, (Courthouse) 882-5177

Services include education and referral; immunizations; communicable disease testing, counseling and education; developmental screenings; prenatal and post-partum home visits; case management of pregnant women; WIC; family planning, nutrition counseling and education; screenings for vision, hearing, blood pressure, hemoglobin; and more.

SD Department of Health, Disease Intervention

2001 9th Ave SW #500 882-5097 or 1-866-817-4090 www.doh.sd.gov Offers STD testing, HIV testing, communicable disease intervention, education, answers to immunization questions, referrals and does reportable disease investigations and referrals.

SD Department of Health-Tobacco Control Program NE Region Tobacco Prevention Coordinator

Black Hills Special Services 818 S. Broadway #109 Contact: Roshal Rossman

Phone: 878-0361

Email: rrossman@midco.net www.humanserviceagency.org Provides tobacco prevention services to counties in northeastern SD. The TPC provides technical assistance to communities, K-12 school districts, post-secondary institutions, worksites, and healthcare facilities to support

tobacco prevention, cessation, and tobacco-free policy efforts and to promote the South Dakota Quitline.

South Dakota Department of Health Tobacco Quit Line

615 4th Street East
Pierre SD 57501
1-866-SD QUITS or 1-866-737-8487
www.SDQuitLine.com
The South Dakota QuitLine is a
phone-based service you can call
toll-free for information to help
with quitting tobacco.

Kickstart Program

Ready to quit but not quite ready to enroll in our phone coaching program? KICKSTART your quit plan with the NRT Kickstart Kit + Quit Guide or just the Quit Guide. They're both FREE and you don't have to enroll in the QuitLine phone coaching program to get them.

www.sdquitline.com/home/kickstart

Watertown Family Planning Center

703 S. Broadway 882-1852

The SD Family Planning Program assists men and women to determine the number and spacing of their children and maintain or improve general and reproductive health. The SD Family Planning Program staff provides education, counseling, nursing, medical, and birth control services. Rapid HIV testing is available.

Watertown Veterans Affairs Community-based Outpatient Clinic

917 29th St SE 884-2420

They provide primary, preventive and mental health care services to veterans.

Recreation Programs & Sports Organizations

Arrowhead Archery Club

PO Box 905 886-9537

Contact: Skip Meisenheimer

Bramble Park Zoo

PO Box 910, 800 10th Street NW 605-882-6269

www.brambleparkzoo.com

Contact: Dan Miller

E-mail: dmiller@brambleparkzoo.com

Summer hours: 10am-7pm Winter hours: 10am-4pm

You can experience more than 800 mammals, reptiles and birds from around the world, including those native to the Great Plains, in naturalistic enclosures. The Zoo also offers educational programs such as tours, Animal Encounters, Zoo School, summer camps, themed classes, workshops, and special events

Joy Ranch

16633 448th Ave, Florence, SD 886-4622

E-mail: JoyRanch@LOSD.org
www.JoyRanchSD.org
Joy Ranch is your all-inclusive, all
accessible destination for families,
businesses and youth. It has been
specially designed to be fully barrier
free. Joy Ranch is an 1880's prairie
town, complete with "old west"
facades that will contrast with the very
modern, high comfort nature.

Junior Olympics Fastpitch Softball

Contact: Gary Young

886-3347

Junior Olympics Slowpitch Softball

Contact: Dave Ebbers 886-8786

www.wtnjosoftball.com

Watertown Area Running Club

Contact: Dr. Dan Reiffenberger www.facebook.com/watertownarearu nningclub/

Like to Run? Distances can range from 2 miles and up. No competition. This is strictly a social gathering for those who want to run with others. Starting October, meet at 7AM on Sundays at Bramble Park Zoo. Starting May meet at 7AM on Sundays at north parking lot of Jackson Park, and on Wednesdays at 5:30 PM at Northridge Clinic parking lot.

Watertown Area Swim Club

PO Box 601 868-2266 or 886-0999

www.teamunify.com/sdwasc Contact: Donna Bierschbach

E-mail: watertownswim@midco.net A competitive swimming program, with swim practices held daily, striving to strengthen the swimmer at their

individual level.

Watertown Baseball Association

PO Box 1461

Contact: Brad Gauer

868-9129

www.watertownbaseball.com

Watertown Hockey Association

PO Box 483

www.watertownlakers.org Contact: Kristi Evans 605-651-0542

To promote the sport of hockey and to provide positive experience and necessary skills for all participants, both boys and girls, from ages preschool to high school to compete and play hockey.

Watertown Wrestling Booster Club

P.O. Box 393

Contact: Susie Stroup

E-mail: arrowwrestling1@hotmail.com

520-1058

Youth wrestling program has been set up to help promote, support, and build on our great wrestling tradition.

Watertown Youth Soccer Association (WYSA)

PO Box 556

Contact: Kelly Roby

818-9972

E-mail: director@watertownsoccer.com www.watertownsoccer.com A professionally run soccer program that is fun for all ages by providing opportunities for developing and enhancing individual talents, teamwork and sportsmanship.

Watertown Parks, Recreation & Forestry Department

1900 W.Kemp (FieldHouse)

882-6260

Director: Jay DeLange

Assistant Director: Terry Kelly Recreation Superintendent: Jeremy

Herrboldt

Parks and Forestry Superintendent:

Wade Pengilly

www.watertownparkandrec.com
This city government department
provides services to the public in 13
subdivisions. The Park & Rec's website
has information on all our recreation
programs and is your source for online
registrations.

www.watertownparkandrec.com

Information Line: 882-5219

Gives all updated weather-related announcements along with other current events.

Derby Downs Clubhouse & Rodeo grounds

Located at the junction of 32nd St W and Golf Course Road.

Disc Golf Course

2 locations: Off 10th Ave N next to the Kiddie Pond and at Jackson Park

Family Aquatic Center

Hwy 212 and 3rd St SW 882-6267

Cattail Crossings Golf Course

351 South Lake Drive 882-6262

George E. Maas Ice Arena

112 21st Street SW 882-6266

Skate Park

Located near Koch Complex 21st St SW Skateboarding, in-line skating, BMX

Stokes-Thomas Lake City Park and Campground

90 South Lake Drive 882-6264

The Way of the Horse

Contact: Wendy Olson

Email: thewayofthehorse@yahoo.com

Phone: 605-645-8614

Incorporating horses for learning and personal growth. Activities are therapeutic, educational and fun. Benefits of being with horses include: respect, character development, confidence, problem solving, leadership and teamwork. There is no riding. All sessions are on the ground and no horse experience is necessary.

SD Game, Fish & Parks

400 W Kemp Ave 882-5200

Turn in Poachers Hotline 1-888-OVERBAG (683-7224)

Schools - Preschool

Immaculate Conception Preschool

109 3rd St SE 886-3883

Contact: Carol Dagel

www.icschoolwatertown.org

Little Blessings Preschool

1120 4th St NE 886-4113

Contact: Kjersten Fisk, Director Email: littleblessings@fwcsd.com https://littleblessingssd.com

Lutheran Church of Our Redeemer Christian Preschool

2001 2nd Street NW

886-2696

Contact: Nikki Landmark

E-mail: preschool@lcoorwatertown.org

Puddle Jumpers Preschool

7 W Kemp

E-mail: Pjp.wtn.sd@gmail.com www.pjpwtnsd.wix.com/earlyedu

237-6209

Watertown School District 4-yr. old Preschool

Located at McKinley School 5 12th St SW 882-6350

Contact: Shannon Knopf

E-mail: shannon.knopf@k12.sd.us

Watertown School District 5 yr. old Jr. Kindergarten

Mellette School 619 2nd St.NW 882-6385

Contact: John Decker

Email: john.decker@k12sd.us

St. Martin's Lutheran Preschool

1200 2nd St. NE 886-4976

Contact: Mark Renner

E: principal@stmartinschurch.com

<u>Schools – Public</u> <u>Elementary</u>

Jefferson Elementary

1701 N. Maple St.

882-6390

Contact: Laura Morrow

E-mail: laura.morrow@k12.sd.us

Lincoln Elementary

1100 13th Street NE

882-6340

Contact: Dr. Susan Patrick E-mail: susan.patrick@k12.sd.us

Mellette Elementary

619 2nd Street NW

882-6385

Contact: John Decker

Email: john.decker@k12sd.us

McKinley Elementary

5 12th St SW 882-6350

Contact: Shannon Knopf

E-mail: shannon.knopf@k12.sd.us

Roosevelt Elementary

412 2nd ST SE 882-6360

Contact: Gregg DeSpiegler

E-mail: gregg.despiegler@k12.sd.us

Elementary Counselors

Danielle Flisrand – McKinley & Mellette

Pam Luecke – Jefferson & Lincoln Teresa Rowland – Roosevelt & Jefferson

Classroom lessons from Second Step curriculum teaching skills for academic and social success.

Elementary Social Worker

Dana Martens – office at McKinley & Roosevelt elementary schools.

Watertown Intermediate School

601 11th St NE 882-6355

Contact: Jennifer Bollinger Email:jennifer.bollinger@k12.sd.us Tim Kruse, Student Success Interventionist Paula Wilde, School Counselor Chad Stricherz, School Resource Officer

Drug Abuse Resistance Education (D.A.R.E.) Program

Lessons in the 5th grade classrooms are taught by the Watertown Police Dept. Drug Info on Responsible Decision Making, Peer Pressure, Risk & Consequences, Dealing with Stressful Situations, Basics of Communication, Nonverbal Communication & Listening, Bullying, Helping Others, and Getting Help from Others are topics covered.

<u>Schools – Private</u> Elementary

Immaculate Conception School

109 3rd Street SE 886-3883

Contact: Carol Dagel

Web-site:

www.icschoolwatertown.org Elementary School grades: preschool- 6th grade with a religious focus. We are a licensed after-school program with all day every day kindergarten. Spanish taught in K-6 with the curriculum.

St. Martin's Lutheran School

1200 2nd Street NE (605) 886-4976

Website:www.stmartinschurch.com

Contact: Mark Renner

Email:

principal@stmartinschurch.com Preschool – eighth grade education. A South Dakota state accredited institution offering Christian Education to families with children from the age of 4 years old through eighth grade.

Trinity Lutheran School

1800 E. Kemp Ave Suite 2 882-3224

Website:

www.trinitywatertownsd.com Contact: Sherman Carstensen E: 3in1lutheranschool@gmail.com Trinity Lutheran School is a kindergarten- eighth grade Christian day school.

Watertown Christian School (PreK-8th Education)

15 12 Ave NE 882-0949

Contact: Nancy Weber wcsoffice@watertownchristianschool.com Private Christian school, serving students in Pre K – 8th grade.

www.watertownchristianschool.com

<u>Schools- Public Middle</u> School

Watertown Middle School

1700 11th St NE 882-6370

Website: wmsarrows.weebly.com Contact: Todd L. Brist, Principal Email: todd.brist@k12.sd.us Chad D. Johnson, Assistant Principal Jason Buechler, School Counselor Amanda DeVries, School Counselor JoAnn Kjetland, Family Resource & Project SUCCESS Coordinator Chad Stricherz, School Resource Officer

Schools- Public High School

Watertown High School

200 9th Street NE 882-6316

Web-site: www.watertown.k12.sd.us

Contact: Mike Butts, Principal Michael.butts@k12.sd.us

Assistant Principals: Brad Brandsrud,

Troy Terronez, Mitzi Moore

Brandon Johnson, School Resource

Officer

Academic Resource Center (ARC)

200 9th Street NE 882-6316

The ARC is part of Watertown High School and offers opportunities to students to recover credits, take online courses. Students need to apply to the program and be accepted to work on course requirements.

Watertown High School Counseling Program/Student Services

200 9th Street NE 882-6323 Contact: Shelley Gauer, shelley.gauer@k12.sd.us
Julie Gonsor, julie.gonsor@k12.sd.us
Angel Samson, angel.samson@k12.sd.us
The school counselors provide services and resources for students in the areas of academic, career, and social/personal counseling.

Project SUCCESS Program

WMS contact: Jo Kietland

882-6370

Jo.kjetland@k12.sd.us WHS contact: Wendy Olson

882-6318

wendy.olson@k12.sd.us
Project SUCCESS is a school-based
program that works to reduce the
factors that put students at risk for
substance abuse, as well as enhance
the factors that will protect students
from those risks.

Schools – Career & Technical

Northeast Technical High School

1311 Third Ave. NE

882-6380

www.northeasttechnicalhighschool@k12.sd.us

Contact: Bert Falak

E-mail: bert.falak@k12.sd.us High School Career & Technical Education Programs: Automotive, Bio-Medical, Building Trades,

Cabinetmaking, Culinary Arts, Exploratory, Health Science Careers, Human Services, Machine Tool, Digital Electronics, Engineering Design, Principles of Engineering, Civil Engineering & Architecture, Welding

NTHS's nine member schools:

Castlewood, Florence, Grant-Deuel, Great Plains Lutheran, Hamlin, Henry,

Summit, Watertown and Waverly/South Shore.

Schools- Private High School

Great Plains Lutheran High School

1200 Luther Lane NE

886-0672

Web-site: www.gplhs.org Contact: David Maertz E-mail: dmaertz@gplhs.org

Great Plains Lutheran High School is a grade 9-12 school offering a Christ-centered education to students from our community, region, and beyond.

Watertown School District Services

Activities Department Office

200 9th St NE (High School)

882-6328

Contact: Steve Moore

Arrow Education Foundation Inc.

1030 Arrow Ave NE PO Box 730 882-6399

www.arrowfoundation.org E-mail: watertownAEF@k12.sd.us We provide resources to genuinely enhance educational opportunities for

students.

Central Food Services

200 9th St NE (high school) 882-6325

Contact: Scott Wahl, Director E-mail: scott.wahl@k12.sd.us

Watertown Special Services

216 10th St. SE 882-6399

Contact: Jennifer Heggelund, Director

of Special Services

E-mail: jennifer.heggelund@k12.sd.us

Brenda Palsma – Assistant Director of Special Services/Title I Coordinator

E-mail: brenda.palsma@k12.sd.us
District wide programs include
Preschool, Special Education Services,
Jr. Kindergarten, Elementary
Alternative Classrooms, Elementary
Autism Classroom and Gifted and
Talented Education for elementary
students. District wide staff includes
SPED counselors, School Psychologists,
Occupational Therapist and OT & PT
Assistants.

Superintendent's Office

200 9th St NE (high school) 882-6312

Contact: Dr. Jeff Danielsen Superintendent Darrell Stacey, Assistant Superintendent www.watertown.k12.sd.us

Transportation/School Bus Services

882-6335

Contact: Tim Steichen

Schools - College

Mount Marty College

3100 9th Ave SW Suite 200 886-6777

www.mtmc.edu

Email: dept.watertown@mtmc.edu
Mount Marty provides post secondary
education, liberal arts degrees
primarily for nontraditional adult
learners who need coursework
delivered once-a-week and evenings.
The college is approved through the
Higher Learning Commission. Mount
Marty has a home campus in Yankton.

National American University

925 29th St SE 884-7200

www.national.edu Contact: Heidi Schooley

Email: hschooley@national.edu

The Watertown location, has been serving students since fall 2006. We offer a wide range of programs designed to prepare you for your chosen career - business management, healthcare management, information technology and criminal justice-just to name a few. Our courses are offered online and onsite to fit into your schedule. NAU offers the flexibility of attending classes when they work for you. Open Monday - Saturday to help you start your college degree. Please call (605) 884-7200 or (800) 898-8317 to speak with an advisor, or email watadmissions@national.edu to request more information. As a military-friendly school, NAU recognizes that military experience is valuable to both the military and civilian workforce. NAU takes your military career experience and training into consideration as credits that may transfer into many of our degree programs. Visit our military pages for more information. It's never too late to get your degree.

Schools - Technical

Lake Area Technical Institute

1201 Arrow Ave 882-LATI (5284)

www.lakeareatech.edu

Contact: LuAnn Strait E-mail: straitl@lakeareatech.edu Lake Area Technical Institute is a public, technical college offering a two year associate degree in 29 areas of study. Approximately 2500 students attend Lake Area Tech annually. Admission Representatives are available to discuss post-secondary educational opportunities with prospective students. Financial aid is available to those who qualify and many scholarships are awarded each year. Lake Area Tech is a #1 ranked,

nationally recognized college and has been recognized for their service to the community, outstanding placement of graduates, and for being a great place of employment. Lake Area Tech provides many services to the community which include a full service cosmetology program, free income tax preparation for the lowincome and elderly, dental cleaning, and much more. Lake Area Tech is accredited by the Higher Learning Commission.

Service Clubs/ **Organizations**

Business Industry School Coalition (BISCO)

200 9th Street NE 882-6312

www.watertownbisco.com The mission statement for BISCO is: "Fostering holistic opportunities for today's students and tomorrow's leaders." Some projects include: Technology camps, Junior Achievement, The Arrow Academic Achievement cards, Awesome Arrow Cards, Scrubs program, One:One:One Mentoring, and the Watertown Community BISCO Bar-be-que.

Concord #13 Masonic Lodge

215 N Broadway Meets at Masonic center second Tuesday of the month at 7:30 p.m.

Fraternal Order of Police Lodge 6

128 N. Maple

882-6210

FOP Scholarship program, Watertown Fourth of July event, Shop with a Cop, sponsorship of any event program that promotes healthy youth/family activities.

Kiwanis Club

PO Box 1919

www.mndak-kiwanis.org
We meet at Minervas Mondays at
noon. Programs we run ourselves or
are a part of Watertown Banquet,
Over 90's banquet, Special Olympics,
Uptown Festival of Arts and Crafts,
Fertilizer Sales, Gumball sales, Coats
for Kids & Bell Ringing

Lake Area Child Protection Team

PO Box 822 886-6666

Contact: Jana Chandler

E-mail: chandlej@bgcofwatertown.com Meets at Godfathers Pizza at the Watertown Mall, 2nd Thursday at noon. We're dedicated to education and program development, directed at protecting children from abuse and neglect, by promoting educational awareness among professionals, agencies and the public.

Northeast Shrine Club

PO Box 1808

Meets at Masonic center (215 N Broadway) the fourth Thursday of the month at 6:30 p.m.

Optimist Club

PO Box 1113

www.optimist-dmm.org
We bring out the best in kids. We
reach all areas of children's lives
including social, sports and academics.
We meet Thursdays at noon at Pizza
Ranch.

Rotary Club

PO Box 147

www.wtnrotarysd.org
We are professional men and women
who work as volunteers to improve
the quality of life in the community.
We meet at Watertown Event Center
Thursdays at 12:15.

Watertown Lions Club

Meet Thursday's at 12:15 at the Elks Lodge (600 W. Kemp)

Watertown Lions Club sponsors an ice show every year in which youth in the area participate. Funds raised are used to help individuals with eyeglasses and exams along with other projects.

Support Groups

Alcoholics Anonymous*

www.area63aa.org Call 605-880-2227 or 605-886-0123 for meeting times and locations.

Meetings are held several times a day every day of the week.

AL-ANON*

Mon. – 7:15pm; Lutheran Church of Our Redeemer 200 2nd St W. Tues. – 10am; 1021 Gilbert Ave Wed. – 8:15pm, 1021 Gilbert Ave Thurs. – 7pm, Weslyan Church, 3rd Ave NE

Co-Dependency Group*

Mon. – 5:30pm, Cornerstone Church, 1350 11th St NE Wed. – 4:30pm, Encounter Church, 201 ½ E Kemp Ave

Narcotic Anonymous*

www.na.org

Mon. – 8pm, Salvation Army, 621 4th St SE (open)

Wed. – 8pm, Salvation Army Fri. – 8pm, Serenity Hills, 1500 Hwy #20 NW (closed)

Sun. – 5:15pm, Gilbert House, 1021 Gilbert Ave NE (closed)

Gamblers Anonymous*

www.gamblersanonymous.org Mon. – 6:30pm, HSA West group room, 123 19th St NE

*For a full listing contact Human Service Agency at 886-0123

Breast Cancer Support Group

Provides financial and emotional support group. Contact Colita Remmers at 881-9485.

Cancer Support Group

Patients with cancer can talk about their experiences in a safe environment. They will have a chance to share their thoughts, feelings, concerns, and questions with others. This group also aims at learning about different topics that may go along with having cancer. This group meets monthly at Prairie Lakes Hospital. Please call 605-882-6800 or visit www.prairielakes.com for more information and meeting dates/times.

Christian Intervention Program (CIP)

Jesus Church 500 14th Ave NW 701-269-2845

Contact: Jared Kemmis

E: jared.kemmis@gmail.com
A faith-based, recovery support group focused on teaching life-skills and returning chemically dependent individuals to productive society. The curriculum includes 20 lessons that are taught on a rotating basis. Classes held at noon every Sunday starting in

anytime.

Common Bond

886-9320 or 881-5232 Contact: Darla Vilhauer gavil@wat.midco.net

October. Cost is \$30. Can join

A support group for those parents who have lost a child through death.

Domestic Violence Support Group 886-4304

www.beaconcentersd.com Support for trauma victims and survivors. Meetings every Tuesday 5:30 – 7:00pm at the Beacon Center 801 Jenson Ave.

IBS Support Group

The group works to educate those who are living with Irritable Bowel Syndrome (IBS) and to increase awareness of the disorder. The support group focuses on sharing experiences and discussing symptom management. The group will meet in the west conference room of Prairie Lakes Hospital. Attendance is free. There is no advance registration. Everyone is welcome. Please call Bruce Ford at 605-880-5213 with questions and meeting dates/times.

HOPE In GOD for Survivors of Child Sexual Abuse & Sexual Assault

P: 880-6201

E: hopeingodwatertownsd@gmail.com www.HopeinGodweb.wordpress.com A Christian-based network of survivors of CSA & SA who provide spiritual & emotional support for each other while increasing community awareness. For more information click on the services tab at: www.facebook.com/WatertownSDHIG trees to learn more about the different groups and when they meet in your

Look Good...Feel Better

882-6854

area.

401 9th Avenue NW
We meet at 4:30 p.m., the second
Monday of the month, at the Prairie
Lakes Cancer Center. Look Good...Feel
Better is a non-medical, brand-neutral
public service program that teaches
beauty techniques to women cancer
patients in active treatment to help
them manage the appearance-related
side effects of cancer treatment.

Mothers of Pre-Schoolers (MOPS) First Baptist Church

111 14th Avenue NE 886-4863

This group meets the 1st and Thursdays from 9:00 – 11:00a.m. This program is for mothers of Preschoolers (up to 1st grade) and includes a time of fellowship, food, craft, spiritual growth, relevant information about families and children. Childcare is provided.

National Alliance on Mental Health NAMI

http://namisouthdakota.org
NAMI Watertown meets on the first
Monday of the month at 7 p.m. at:
Immaculate Conception Church: 110
3rd St SW. Meetings have a speaker or
educational topic and are open to the
public. Support groups follow the
meetings. For more information
contact NAMI SD office at 800-5515531 or local contacts are 882-2254 or
886-7799.

Pathway Through Grief

PLHS offers an ongoing monthly grief support group in where those who have experienced the death of a loved one can find comfort, support, and hope, the group meets at 4:00 p.m. the second Tuesday of the month at Prairie Lakes Hospital. At these meetings informal presentations and roundtable discussions are used to support those grieving and offer hope for their future. The grief support group meetings are open to the community and are free of charge, but registration is required. RSVP by calling 605-882-7714.

Prairie Lakes Pastoral Care

882-6743

401 9th Avenue NW

We are available to assist family members and friends coping with illness or the loss of a loved one. The department offers support groups and memorial services throughout the year. To learn about upcoming events, visit www.prairielakes.com

Single & Parenting support group 878-1000

nate@thebridgewatertown.com
14-week group meets on Wednesdays
at The Bridge church from 6-8pm
beginning mid-August. You can join
anytime. Cost \$15 covers cost for
written materials. Also included is a
free meal for parents and children and
childcare during group time.

Safe People

878-1000

nate@thebridgewatertown.com 13-week group meets on Wednesdays at The Bridge church from 6-8pm beginning late February. Learn to identify relationships and people that are safe and healthy and some tips to deal with those that are not. You can join anytime in the 13-weeks. Cost is \$15 and includes written materials, a free meal for attendees, and childcare during group time.

TreeHouse

Support group for teens grades 9-12. We meet at Watertown High School on Thursdays during lunch. For more information, contact Jesse Hurkes 520-4329 or Ben Gietzen 605-631-9801.

Thrift Stores

2nd Class Elegance

12 W Kemp 881-8984

Angels Attic

1300 9th Ave SE (Watertown Mall) 878-2300

Community Corner

101 9th Ave SW 878-1181

Goodwill of the Great Plains

2318 9th Ave SE 886-6379

GSI Thrift Store

102 W. Kemp Ave 882-9955 www.gsithrift.com

Salvation Army Family Store

621 4th St. SE 882-4989

Sweat Peaz Children's Resale

2643 10th Ave SE 878-0185

Worth Repeating

103 E. Kemp Ave 882-4734

Transportation

Driver's Licensing/Exam

2001 9th Ave SW Suite 100 605-773-6883 or 1-800-952-3696 https://apps.sd.gov/ps14scheduler/de fault.aspx

Lake City Cab

886-0080

Watertown Area Transit

882-5287

www.watertowntransit.com

We provide affordable public transportation for Watertown area. Our vehicles are wheelchair accessible. Rides should be scheduled one day in advance before 3 pm.

*Clients/Riders need to have their ride "booked" by 3:00pm the previous day.

Watertown Municipal Airport

2416 Boeing Ave 882-6209

http://www.watertownsd.us/index.a spx?nid=146

Youth/Family Programs

Boy Scouts of America Northstar District

www.siouxbsa.org
Watertown has 5 Boy Scout units in
the community. For more
information, use the website and
search Watertown SD to locate a
Watertown unit or check with your
school.

Boystown Common Sense Parenting Program

For classes contact: Denise at the Beacon Center 886-4304
This 6 week program offers parents of 3 – 17 year olds an opportunity to enhance their parenting skills. Classes are held at the Beacon Center. These classes are free of charge and no referral is needed.

Bright Start Project, Responsive Parenting

Understanding Me Up to Age Three is a series of 4 weekly classes for parents of children ages birth to three years and is offered quarterly in Watertown. For more information or to enroll please contact the Family Resource Network at 1-800-354-8238 or email SDSU.FRN@sdstate.edu

Citizen's Police Academy

Watertown Police Dept. Contact: Ryan Remmers 882-6210

Three hours of training one evening each week for 12 weeks this interactive program focuses on educating citizens about the police department's mission, function, practices, and processes. The Citizens' Police Academy brings the police and the community close together in a setting that offers a sample of police training to each participant.

Codington County Teen Court

1000 3rd Ave NE, PO Box 833 886-6666

E-mail: teencourt@bgcofwatertown.com This program is designed to impose consequences upon youth who violate the law, while at the same time allowing them to avoid the stigma, pressure and anxiety of formal prosecution. This program relies on adults and student volunteers in order to operate.

Fall Out Shelter

13 2nd St SE 605-204-0294

We are offering classes for sport TaeKwonDo, Hapkido, and self defense. Fallout Shelter is a division of Fallout Shelter Ministries, a SD Non Profit, promoting physical and spiritual preparedness.

Girls Scouts – Dakota Horizons 1101 S. Marion Rd (District Office)

Sioux Falls, SD 57106
1-800-666-2141
www.gsdakotahorizons.org
Girl Scouts is a volunteer run
organization. Girls participate in troop
meetings and citywide events. Contact
your school or use the website (click
"join") to help locate a Watertown

Strengthening Families Program

troop.

(families with 10 – 14 year olds) For classes contact: Jodi Loehrer 882-6300

E-mail: Jodi.loehrer@sdstate.edu
This 7 week program helps parents
learn nurturing skills that support their
children; effectively discipline and
guide their youth. Teaches youth skills
for dealing with stress & peer pressure
and to respect their parents. Fall and
Spring sessions. Meal is provided.

Teen Police Academy

Watertown Police Dept. Contact: Ryan Remmers 882-6210

This is an interactive program that focuses on educating young people about the police department's mission, function, and processes. It brings officers and youth close together in a setting that offers a sample of police training to each participant. This provides hands-on activities, along with classroom instruction. It includes a behind-thescenes tour of the department. There is no cost to attend. It is held in the afternoon for a week during the first week of June. Applications are available at the Police Department.

Watertown Police Dept. Explorer Program

128 N. Maple St 882-6210

Contact: Captain Tracy Schaefer or SRO Chad Stricherz

Dedicated group of young adults (14-20) who have an interest in pursuing a law enforcement career. These young adults become involved in many department activities and assist our officers in many different aspects of their job, including but not limited to, fingerprinting, ride-alongs, and traffic control.

Youth/Family Services

Boys & Girls Club of Watertown

1000 3rd Avenue PO Box 833 886-6666

www.bgcofwatertown.com Contact: Liz Christianson Fmail:

christiansonl@bgcofwatertown.com Main Site Programming —Provides program services in the areas of physical wellness, education, and life skills to youth in grades 1-12.

Kidscope - is a state licensed out of school time activities program providing quality care to children in grades Kindergarten through 6th.

Kidscope is located Jefferson, Lincoln and Mellette schools.

Arrow Prep - is a state licensed program that provides educational based learning opportunities to children ages 3-6. Arrow Prep provides: Physical Education, arts and crafts, games, songs, and lots of FUN!

Other Programs Offered

3-4gr Flag Football 5-6th gr Tackle Football 1-6th gr Hoopla Basketball Skills Program 5-8th gr Optimist Basketball Tournament Prevention Programming for Youth Teen Court (see page 31)

Child Protection Services SD Dept. of Social Services

2001 9th Ave SW Suite 300 (605) 882-5000

Toll Free 1-866-239-6787

Fax: 882-5045 http://dss.sd.gov

Contact: Kathy Miller, supervisor E-mail: Kathleen.Miller@state.sd.us Child Protection Services receives and assesses reports of child abuse/neglect. If a child is found to be unsafe in the parent's home, CPS works with the family on a plan to ensure the child's safety.

Court Services

14 1st Avenue SE Codington County Courthouse 882-5110

Works within the Unified Judicial System for the State of South Dakota. The client base is derived through formal court proceedings as well as diversion programs referred through the local State's Attorney. Court Services role is to monitor the compliance of all conditions set down by the Court in alleged juvenile delinquent and Child In Need of Supervision matters.

Codington County Drug Court

14 1st Ave SE Codington County Court House 882-5375

Designed for persons whose problems stem from substance abuse. As an individual enters this program, he or she must be motivated to work toward changing their lifestyle and becoming free of alcohol and chemical addiction. The program is accessible

regardless of age, religion, sex, ethnic origin, sexual preference, marital status, age or physical and/or mental disability. It is a court-managed, alcohol/drug intervention treatment program, designed to provide a cost-effective alternative to traditional criminal case processing.

SD Dept. of Corrections – Juvenile Division

2001 9th Ave SW Suite 400 882-5002

Fax: 882-5369

Supervise juvenile offenders in the community and in placement.

SD Dept. of Corrections — Foster Care

2001 9th Ave. SW, Suite 400 882-5002

http://doc.sd.gov/juvenile/foster/

Contact: Kim Tvedt

E-mail: kim.tvedt@state.sd.us

Division of Long Term Services and Supports (formally Adult Services and Aging)

Department of Human Services

2001 9th Avenue SW, Suite 300 882-5003 or 1-855-315-1987

Fax: 882-5045

Provides in-home services to low income elderly and disable individuals. Services available are homemaker, personal cares, (bathing assistance), nursing, medical supplies and nutritional supplements. The individuals are assessed to determine the services needed. Long Term Services and Supports is also a referral agency for community resources. The Ombudsman program provides advocacy services for individuals in assisted living and nursing facilities.

SD National Guard (SDNG) Service Member & Family Support (SMFS) Division

1951 N HWY 20, Watertown SD 1-800-658-3930 for more information.

The SMFS program is to promote healthy Military Families who are self-reliant during both deployment and non-deployment through education, outreach services and partnerships with community organizations. The SMFS team also provides referrals to other programs and resources, crisis assistance and other support. We promote Family wellness through benefits and programs available for service members and their families. Many of our programs provide on-going support to veterans, military retirees, and their families. Our team is ready to support and assist your family in any way possible to take advantage of any and all services available. Programs are as follows:

- Family Readiness
- Family Assistance Center
- Airman & Family Readiness Center
- Yellow Ribbon/Reintegration
- Child and Youth Program
- Employer Support of the Guard and Reserve
- Military Funeral Honors
- Survivor Outreach Services
- Military Family Life Consultant Program
- Military OneSource
- Suicide Prevention Program
- Transition Assistance Advisor
- Comprehensive Soldier Fitness
- Other Support Organizations
 - Office of the Chaplain
 - SexualHarassment/ Assault Response & Prevention

Service Member and Family Support contacts in the Watertown Area:

Child & Youth Program Coordinator:

Candice Bloom 1951 N HWY 20 605.882.9376 or 605.787.3312 Candice.l.bloom.ctr@mail.mil The goal is to support the social, emotional, and academic needs of military children and youth throughout the state. This is done through developing and implementing programs and activities that promote leadership and character development, build confidence, facilitate connection between other youth, and to help them to better understand their role as a military child. Provides resources and information to youth, their families, and communities, and partners with other local and national organizations serving youth as well.

Family Assistance Specialist: Corinne Mahlen

1951 N HWY 20 605.882.9375 or 605.415.0010 Corinne.m.mahlen.ctr@mail.mil Provides a focal point of information through six essential services. This holds especially true for geographically dispersed families who are unable to access services at a local base, installation or fort. In other words, Family Assistance personnel are the "Easy Button" for assistance and referral for service members and their families.

Military OneSource Consultant:

Michael Nei 605.639.0409 Michael.nei@militaryonesource.com www.militaryonesource.mil This is a free information and referral service available 24/7/365 via tollfree telephone and internet. It is

available to Active Duty, Reserve, Guard members and their immediate family, regardless of activations status. Services include, but are not limited to; consultation, research and referrals, interpretation and translation services, counseling, educations materials and more all on an interactive website.

SDSU Extension Service Codington County

1910 W Kemp Ave, PO Box 996 882-6300

Jodi Loehrer

Email: jodi.loehrer@sdstate.edu 4-H & Youth Development

CHARACTER COUNTS! Education; 4-H; Nutrition, Science, Save Our Farm Youth Day Camp (SOFY); After School Enrichment; Kid Kare Babysitting clinic; Strengthening Families 10-14 Program

The Salvation Army

621 4th St SE 886-4030

Lieutenants Zachary/Karissa Zumwalt Youth/Family: Annual summer camps for children and families.

Ignite Youth Programs: Boys and Girls ages 4-18. Music Academy @ 5p, Dinner Served @ 5:45p, Character Building @ 6:15pm. Every Wednesday begins in September. Rides can be provided.

Family: The Salvation Army offers a NO COST intensive case management support program to assist families with children in becoming more selfsufficient as well as connecting them to local resources. The program is called Pathway of Hope. Please contact our case manager Michelle to discuss interest, program and **e**ligibility. There must be at least one child under the age of 18 within the household to qualify.

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Business Industry School CoalitionWatertown

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www.humanserviceagency.org/WHY