

Public Health Services

Family & Community Health Services – Codington County

104 1st Ave NW

605-882-5177

Contact: Codi Martin, RN

www.codington.org/community-health-nurse/

Services include education and referral; immunizations; communicable disease testing, counseling and education; developmental screenings; prenatal and post-partum home visits; case management of pregnant women; WIC; family planning, nutrition counseling and education; screenings for vision, hearing, blood pressure, hemoglobin; and more.

Kickstart Program

www.sdquitline.com/services/kickstart

Ready to quit but not quite ready to enroll in our phone coaching program?

KICKSTART your quit plan with the NRT Kickstart Kit + Quit Guide or just Quit Guide. They're both FREE and you don't have to enroll in the QuitLine phone coaching program to get them.

SD Department of Health, Disease Intervention office

2001 9th Ave SW #500

605-882-5097 or 1-866-817-4090

www.doh.sd.gov

Offers STD testing, HIV testing, communicable disease intervention, education, answers to immunization questions, referrals and does reportable disease investigations and referrals.

SD Department of Health-Tobacco Cessation Coordinator

1704 S Cleveland Ave Suite 5

Sioux Falls, SD 57103

Contact: Kaitlyn Ashley

Phone: 605-413-4284

Email: kashley@bhssc.org

Provides statewide tobacco cessation services by promoting the South Dakota QuitLine, outreach and referral resources to healthcare professionals, health systems, employers and other organizations or individuals through training, resource materials and cessation policy enhancement. In-person or virtual training about the SD Quitline is available.

SD Department of Health- Worksite Wellness

Black Hills Special Services Cooperative

PO Box 1840

Contact: Enid Weiss

Phone: 605-868-8118

Email: eweiss@bhssc.org

Workplace wellness is a growing practice that provides employers and worksites with information to encourage healthy habits and prevent chronic diseases among employees. Check out www.goodandhealthysd.org for more information and resources.

South Dakota Department of Health - Tobacco Quit Line

1-866-SD QUILTS or 1-866-737-8487

www.SDQuitLine.com

The South Dakota QuitLine is a phone-based service you can call toll-free for information to help with quitting tobacco.

SHIINE (Senior Health Information and Insurance Education)

Contact: Shelly Alvine, Watertown area

P: 605-237-6088

E: sdalvine@msn.com

Eastern region contact 800-536-8197

SHIINE is a federally-funded program committed to providing free, confidential and unbiased information to Medicare beneficiaries and is not affiliated with any company. Volunteers help with those new to Medicare, Medicare Part A, B, and D, Medigap policies and Advantage plans, and ways to save on Medicare costs during open enrollment.

Watertown Family Planning Clinic

703 S Broadway

605-882-1852

SD Department of Health Family Planning Program is devoted to providing services to males and females of reproductive age. Services help women and men determine if and when they want to have a child. The program helps keep people healthy and protects their ability to have children in the future. Reproductive exams, STD testing, and birth control are some of the services available. A sliding scale is used. Fees are based on family size and income. No one is denied services based on ability to pay.

Watertown Veterans Affairs Community Based Outpatient Clinic

12 19th St NE

605-884-2420

Provide primary, preventive and mental health care services, telehealth services, and physical therapy to veterans.